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VOL. 24, NO. 49

SANIBEL & CAPTIVA ISLANDS, FLORIDA

JUNE 2, 2017

JUNE SUNRISE/SUNSET:

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Tarpon Tournament Victors Reel In Big Win

The 6th annual "Ding" Darling & Doc Ford's Tarpon Tournament on May 19 paid out a record \$37,650 in prizes this year to five winning teams. Because last year's tournament only awarded two teams, the balance of that prize money rolled into a one hundred percent payout of anglers' registration fees from this year.

"The huge purse this year meant the field of 50 boats filled quickly," said "Ding" Darling Wildlife Society (DDWS) Executive Director Birgie Miller. "To celebrate our sixth anniversary, we opened the tourney to six additional boats, which further fattened the purse."

First place prize of \$16,942.50 went to Team YAM members Mark and Richard Sparrow, who caught three of the 16 fish pulled in by anglers on tournament day. Team Doc Ford's caught two fish for a second-place award of \$9,412.50. Team Bait Box pulled in the first fish of the day 17 minutes after the tournament opened, winning third place and \$5,647.50. Fourth place winner Team San Carlos Marine took home \$3,765, and fifth place winner Team Mabry Brothers netted \$1,882.50.

The award for female angler went to Dep Powers from Team Fishin' Divas, senior angler award to Cliff Young from Team Shock & Awe, and amateur team award to Team Shock & Awe.

DDWS organizes the annual tournament with Doc Ford's Rum Bar & Grille of Sanibel Island, Fort Myers Beach and Captiva Island as the title sponsor to benefit wildlife, education and research – including water quality research – at JN "Ding" Darling National Wildlife Refuge on Sanibel. DDWS will announce the total sum raised next week.

Because all fees collected return to the anglers, funds raised by the tournament come entirely through sponsorships and the silent auction at the captain's meeting the evening prior to the tournament.

For more information on the tournament, visit www.dingdarling-tarpontourney.org.



From left, DDWS Philanthropic Coordinator Carrie Alexander, tournament-winner Team YAM members
Richard and Mark Sparrow, Doc Ford's co-owner Marty Harrity and "Ding" Darling Deputy Refuge Manager
Nate Caswell

photo provided

11 Named Storms, Four Hurricanes Predicted

by Jeff Lysiak

could tell you that we're going to have a very slow hurricane season, or I could tell you that we're going to have a very active season... but the reality is that it only takes one," Dave Roberts, the City of Sanibel's official weather consultant, told the crowd gathered at BIG ARTS last week for the annual hurricane seminar.

According to Roberts, the latest forecast for the upcoming hurricane season – which runs from June 1 through November 30 – issued by the National Oceanic and Atmospheric Association predicts 11 named storms, four hurricanes and two major hurricanes (Category 3 or higher) in 2017. That compares with 15 named storms, seven hurricanes and four major



Sanibel Emergency Management Specialist Lance Henninger, left, registers island resident Kathie Cutler for her 2017 Hurricane Hangtag Re-entry Pass photo by Jeff Lysiak

hurricanes last year.

Statistically, the Atlantic Basin averages a dozen named storms, six hurricanes and six major hurricanes

every calendar year. But Roberts reminded the audience once more, "It only takes one."

"When it comes to hurricanes in

Florida, we are not unique," added Roberts. "But where we are unique is the way we prepare for hurricanes, and we can thank our city officials and emergency management personnel for helping us get ready."

Jim Bjostad, chief of Lee County Emergency Management, offered two phases of advice:

Be prepared, but don't be afraid. Respect the wind, but fear the surge.

"Those are the phrases I want all of you to remember from today," said Bjostad. "The wind will hurt you, but the water's gonna kill you."

During his presentation, Bjostad discussed the hazards associated with hurricanes – including wind, tornados, rainfall and storm surge – along with tips for building a disaster supply kit and planning for an evacuation.

"We are very vulnerable here on Sanibel," Bjostad added. "We need to be prepared and we need to plan for an evacuation."

Bjostad also spoke about the continued on page 41



The Community House

Healthy Cooking At Home

Resident Chef Jarred Harris will offer Healthy Cooking at Home classes on June 15, 22 and 25.

The first course on Wednesday, June 15 from 10 a.m. to 1 p.m. will be a hands-on class to strengthen your kitchen skills while you learn to make: Grilled Corn and Tofu Salad with Sweet Chili and Lime Dressing; Chicken Tikka Masala with Cauliflower Fhaaji; and Flourless Chocolate Cake with Fresh Berries. Cost is \$95 per person and includes a signature beverage.

The second class on Wednesday, June 22 from 10 a.m. to 1 p.m. will feature: Chinese Long Bean Salad with Coco Rubbed Pork Tenderloin and Grilled Plums with Hassleback; Sweet Potatoes; and Bok Choy and Summer Fruits in White Wine Syrup with Mint and Yogurt. Cost is \$95 per person and includes a signature beverage.

The third course will be held on Sunday, June 25 from 4 to 6 p.m. This will be a demonstration with tastings from the menu: Thai Chicken Salad with Green Mango Papaya; Kale and Portobello Mushroom Lasagna and Vegetable Ragout; and Baked Cranberry and Walnut Stuffed Apples. Cost is \$45 per person and includes a signature beverage.

Youth Summer Cooking Series

The Youth Summer Cooking Series is designed for students ages 10 to 15 and will be offered July 10 to 14 from 10 a.m. to 1 p.m. Cost is \$175 per person and includes lunch each day. Learn from a professional chef how to create meals that are delicious, healthy and sure to impress. Learn knife skills, weights and measures and other tricks of the trade. Learn how to create a menu of Shrimp Summer Rolls and



Chef Jarred preparing a dish using dragon fruit photo provided

Peanut Dipping Sauce, Thai Chicken Salad and Soy Ginger Dressing, and Pear and Apple Spring Rolls.

Food Manager Certification Class

SCA is hosting ServSafe, Florida's oldest boutique training company, on Friday, June 5. Join other restaurants in this food manager certification prep class and exam. Exam preparation class is from 9 a.m. to 2 p.m. and the exam is from 2 to 4 p.m. Participant pass rate of 75 percent or higher. Food manager certificate is valid for five years. Pre-course study materials are included in the price of \$159 per person. Call 472-2155 for registration details. Minimum 10 participants.

The Community House is located at 2173 Periwinkle Way. For more information, visit www. sanibelcommunityhouse.net or call 472-2155.

Free Summer Programs Begin June 7 At Refuge

Wildlife Wonders talks, weekly walks and nature crafts highlight the free summer programming to be offered June 7 through August 5 at JN "Ding" Darling National Wildlife Refuge on Sanibel.

Summer programming is made possible by support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

The schedule of weekly activities follows. No pre-registration is necessary. Reading at the Refuge, every

Wednesday at 10 a.m.: Attendees of each 45-minute reading and crafts session learn about a refuge animal and make a take-home craft related to that animal. Meet in the Visitor & Education

Center classroom.

Indigo Trail Hike, every Thursday at 10 a.m.: Refuge naturalists lead a one-hour tour to the Wildlife Education Board to identify and discuss the ecosystem's plants, mammals, birds and reptiles – fun for adults and children alike. Bring water, sunscreen and bug spray. Meet at the flagpole in front of the Visitor & Education Center.

Family Beach Walk, every Friday at 9 a.m.: The one-hour program convenes at Gulfside City Park to explore the refuge's gulf-front Perry Tract. City parking fees apply. Bring water, sunscreen and bug spray.

Wildlife Wonders, every Saturday at 11 a.m.: Refuge education staff lead this 30-minute indoor program about the mysteries of manatees, alligators, crocodiles and birds in the Visitor & Education Center auditorium.

For more information, call 472-1100 ext. 237 or visit dingdarlingsociety.org/articles/free-refuge-programs.



Ocean Tribe Outfitters Opens At Sea School



Sanibel Sea School staff members Spencer Richardson and Johnny Rader displaying some of the new merchandise offered at Ocean Tribe Outfitters, which recently opened at the school's 455 Periwinkle Way campus photos by Jeff Lysiak

by Jeff Lysiak

or the first time since it opened in ■2005, the Sanibel Sea School has expanded the retail space inside its East Periwinkle Way facility, offering additional merchandise, water-based recreation equipment and gear, clothing and accessories.

Ocean Tribe Outfitters specializes in paddling gear - including kayaks, stand up paddleboards and related accessories – as well as equipment and clothing for ocean recreation. The organization's team of marine educators spends thousands of hours in the field each year, and will be available to recommend their favorite products to

customers.

According to Chrissy Basturk, the school's director of development, the idea behind expanding the retail offerings at Sanibel Sea School came from co-founder and executive director Dr. Bruce Neill.

"Bruce spearheaded the expansion project, which had been his vision for a

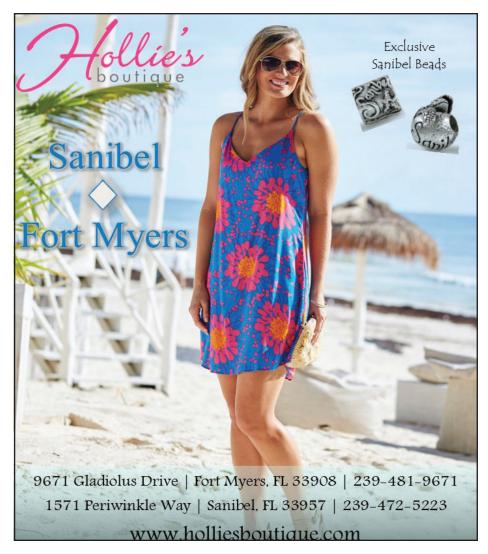


A variety of goods offered for sale includes performance wear, beach towels and

while," said Basturk. "And with my solid background in the retail business, it was an easy transition to be able to do.'

Several new product lines have been added to the store, including Body Glove water shoes (available in adult and children's sizes), several sizes and styles of BOTE paddleboards as well as a variety of inflatable paddleboards. The

continued on page 17







by the Lee County Visitor and Convention Bureau

Blue

G raffe



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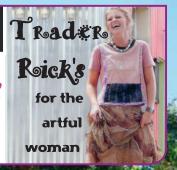
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Events

Monday, June 5

9 am Serve it Up Safe for Restaurants -must pre -register

June 15, 22 and 25

"Healthy Cooking at Home"

Wed., June 15. 10 am-1 pm

Hands -On Class -full meal \$95 Grilled Corn & Tofu Salad with Sweet Chili & lime Dressing Chicken Tikka Masala with Cauliflower Fhaaji (fritters) Flourless Choc. Cake w/Berries

Wed. June 22. 10 am -1 pm

Hands -On Class -full meal \$95 Chinese Long Bean Salad, Coco Rubbed Pork tenderloin & Grilled Plums with Hassleback, Sweet Potatoes, Bok Choy, Summer Fruits in White Wine Syrup, Mint & Yogurt

Sunday, June 25 4-6 pm

Demo with Tastings \$45 Thai Chicken Salad with Green Mango Papaya Kale & Portobello Mushroom Lasagna & Vegetable Ragout, Baked Cranberry & Walnut Stuffed Apples *Register for all classes by the Friday prior to date

Wed., June 28. 6 pm

Community Potluck

Youth Summer Cooking Program

July 10-14, 10 am-1 pm. \$175 includes lunch Youth ages 10-15 years Develop your palate and your kitchen skills! Sign up now

July Culinary Theme

"Summertime Cooking at Home" Wed. July 20; Wed. July 27 & Sun. July 30

Classes & More

Monday

10 am Shell Crafter Lessons

Tuesday & Thursday

10 am Sanibel Yoga

Visit www.SanibelCommunityHouse.net for more information

The Community House

SANIBEL COMMUNITY ASSOCIATION

Telephone: (239) 472-2155 info@sanibelcommunityhouse.net

www.sanibelcommunityhouse.net 2173 Periwinkle Way, Sanibel, FL 33957

"To enrich community spirit through educational, cultural and social gatherings in our historic Community House." The SCA is a 501c 3 Organization. Follow Us On Facebook



Members of CREW from Sanibel Congregational United Church of Christ assembled 10 Emergency Cleanup Buckets for Church World Service photos by Diana Day and Deb Kunkel

Youth Group Donates Disaster Cleanup Buckets

embers of the CREW youth group at Sanibel Congregational United ■ Church of Christ recently dedicated two of their meeting nights to reach out to those facing natural disasters. The kids of CREW (Christians Ready, Equipped and Willing) decided to take part after hearing about the national United Church of Christ's effort to put together Emergency Cleanup Buckets for victims of natural disasters. Church World Service (CWS) distributes the buckets filled with cleaning supplies to help those affected by tornados, flooding and other disasters. These buckets contain disinfectant cleaners, laundry detergent, face masks and scrub brushes, with the value totaling around \$75 per bucket.

The group's first task was to hold a bake sale after church to raise money to purchase the supplies. Then, with

matching grants from the Florida Conference and the National United Church of Christ, CREW youth spent their next Sunday meeting night shopping for all the supplies they needed. At their final meeting of the year, they gathered at the church to assemble 10 buckets, which will be dropped off at the Florida United Church of Christ Conference office in Orlando to be shipped to CWS.

Last year, CWS disturbed more than

14,000 of these buckets in times of disaster; UCC congregations across the country provided 2,500 buckets.

CRÉW is comprised of two groups, one for sixth through 12th graders and one for kindergarten through fifth. The groups meet separately but come together for service and outreach efforts. Their Sunday evening meetings at Sanibel Congregational United Church of Christ during the school year will resume in

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For more information, call 472-



Emily, Ella, Caitlin and Annabel carefully pack supplies



McKenna puts in the last few supplies

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TWO SANIBEL LOCATIONS

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The first graders were all smiles knowing they were planting native vegetation which provides food and attracts the rare Atala butterfly photos provided

SCCF Leads Planting Project

irst graders from Ms. Wells and Ms. Hackett's classes at The Sanibel School took part in a special planting project on the school campus. An educator with The Sanibel-Captiva Conservation Foundation (SCCF) conducted a plant science lab with the first grade classes where students observed, learned about and recorded the parts of plants and their functions. This activity was followed up with a handson planting project. Twenty five coontie plants, provided by SCCF's Native Plant Nursery, were planted by the first grade students on the school campus.

Florida's indigenous peoples extracted an edible starch from the coontie's large rootstock. Coontie also provides food for insects and birds and, of great importance, it is a larval food source of the rare Atala butterfly.

SCCF is dedicated to the conservation of coastal habitats and aquatic resources on Sanibel and Captiva and the surrounding watershed. For more information about SCCF's work and programs or to sponsor a school field trip, call 472-2329.☼



These boys know their stuff when it comes to planting

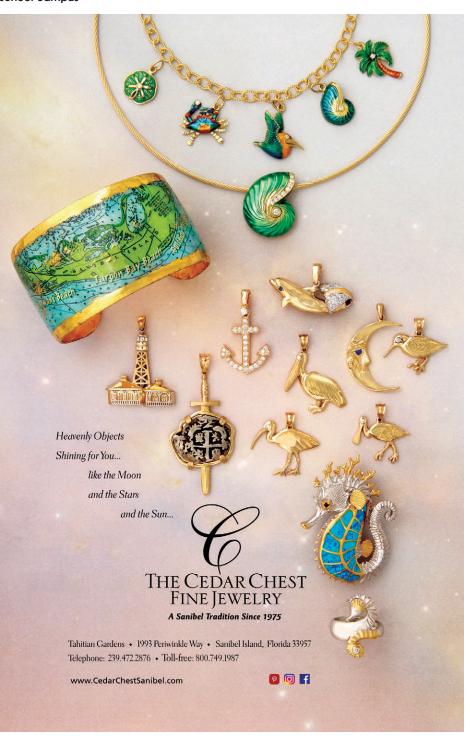




The students planted 25 coonties on the school campus

Top Ten Books On The Island

- 1. Sanibel Island Lighthouse by Charles LeBuff
- 2. My Sanibel Kitchen by Loretta Paganini
- 3. Ten Days in Paradise by Linda Abbott
- 4. A Tour of the Islands of Pine Island Sound by Denege Patterson
- 5. Ordinary Grace by William Kent Krueger
- 6. Piece of the World by Christina Baker Kline
 - 7. Orphan's Tale by Pam Jenoff
- 8. In a Dark, Dark Wood by Ruth Ware
 - 9. No Middle Name by Lee Child
- 10. Commonwealth by Ann Patchett Courtesy of MacIntosh Books and





Scouts and family members of Sanibel-Captiva Cub Scout Pack/Boy Scout Troop 1740 gathered at The Sanctuary Golf Club on May 13 for their annual awards and rank advance

Island Scouts Complete Busy Season

by Jeff Lysiak

uring the 2016-17 scouting campaign, members of Sanibel-Captiva Cub Scout Pack/Boy Scout Troop 1740 went "to infinity and beyond."

Case-in-point: nearly two dozen scouts traveled on April 29 for an overnight trip to the Kennedy Space Center in Titusville, Florida. There, the group learned about the space program, explored NASA's Visitor Complex and slept overnight underneath the Space Shuttle Atlantis.

"NASA provided each attendee with a special commemorative patch, as well as a very organized, educational and fun overnight adventure," said Kara Stone, one of the scout den leaders, who noted that during their visit, they met Space Shuttle astronaut and Eagle Scout Scott Parazynski. "It is always an honor to meet Eagle Scouts and learning how scouts has influence their lives."

During their session with Parazynski, the scouts learned that the astronaut had traveled into space five times, including one time as the personal physician to Senator John Glenn in 1998 on his return to space on the Space Shuttle Discovery. One of the scouts asked Parazynski what it was like to look down at Earth.

"It was amazing," the astronaut responded. "At one point, I was able to see massive fires out west. Another time, I could see storms. One time, I looked

down at Mount Everest and decided I would like to climb it and look back into space, which I eventually did. I am the only astronaut to climb Mount Everest."

Another scout asked how scouting helped him become an astronaut. "Scouting taught me that to reach a goal, there are many steps... much like completing the requirements for one of your scout badges," Parazynski told the voungsters.

Among the highlights of their two-day visit to the Kennedy Space Center included seeing the Space X launch site; touring both the Visitor Complex and Saturn V Moon Exploration facility; exploring the interactive educational area, including the big slide; watching movies about space exploration in the Imax Theatre; learning about future plans to explore Mars and what future spacecraft will look like; getting to experience the space shuttle simulator; and taking the bus tour to see restricted areas of future space flights.

"It was an honor and inspiration for our pack to continually learn from these men," Stone added. "We are already starting to think about our pack's next overnight educational adventure for next spring, which has become a great reward for consistent dedication to scouting all year long.

During their final awards ceremony, held at The Sanctuary Golf Club on May 16, all of the island scouts advanced in rank and were recognized for outstanding achievements during the 2016-17 scouting year. Special guests representing the Kiwanis Club, Eagle Scouts living on Sanibel as well as local Southwest Florida

Boy Scouts of America representatives were thanked for their support of Pack 1740 and Troop 1740.

Participating scouts, parents and leaders included:

Tiger Den – Yuan Bonhayag (parents Joy Bonhayag and Mark Thompson), Aidan Jarvis (parents Michelle and Kurt Jarvis) and Oliver Wilkinson (parents Amanda and Wilkinson), along with Den Leader Mark Thompson.

Wolf Den – Aaden Bloetz (parents Marina and Phillip Bloetz), Pierce Farhat (parents Tia and Anthony Farhat), Tyler Lloyd (parents Katie McCurry and Tyler Lloyd), Liam Nuckolls (parents Holly and Geoff Nuckolls), Raleigh Stevens (parents Stacey Stevens and James Stevens) and Scotty Tongyai (parents Carolyn and Jonathan Tongyai), along with Den Leader Kim Kouril.

Bear Den – Drew Barron (parents Heather and Andrew Barron), Griffin Colson (parents Amy and Kessler Colson), Riley Horvath (parents Robin and Bill Horvath), Kyler Kouril (parents Kimberly and Kenneth Kouril), Ryan Powers (parents Veronica and Jeff Powers), Ven Sampas (parents Anna and Stephen Sampas), Karsten Schafer (parents Stephanie and Kevin Schafer), Charles Stone (parents Kara and Michael Stone) and Nicholas Tison (parents Monica and Paul Tison), along with Den Leader Kara

Webelos Den – Preston Farhat (parents Tia and Anthony Farhat), Sam Kupsaw (parents Lena and Rusty Kupsaw), Ronan Maughan (parents Barbara and Jason Maughan), Jack Powers (parents Veronica and Jeff Powers), Liam Tritaik



Local scouts Kyler Kouril and Ryan Powers standing beneath the Space Shuttle Atlantis

(parents Rachel and Paul Tritaik) and Ryley Wilkinson (parents Amanda and Grant Wilkinson), along with Den Leaders Barbara and Jason Maughan.

The Sanibel-Captiva scouts' charter organization is Sanibel Community Church, led by pack executive Pastor Daryl Donovan and charter organization representative Kevin Schafer. The Cubmaster is Brian Boyd.

Scouting activities will resume in August and there will be an open house held at The Sanibel School. For more information, contact Cub Scout Committee Chair Kara Stone at 223-4625 or Boy Scout Committee Chair Kim Kouril at 233-4180.⇔

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Gavin And Walker Family Reunion

Part 4 of 5

s the years went by on Sanibel, the Gavin and Walker family tree really began to spread its limbs. Edmund and Elnora Gavin's 20 children were getting older and moving on with their lives. Eleven of the children attended college or a trade school in various states and three of the boys

were in the United States military. "My parents always encouraged us to further our schooling, said Eugene Gavin, the fifth child of Edmund and Elnora.

"My parents always encouraged us to further our schooling"

"Although my dad completed sixth grade, he seemed like a high school graduate because he spoke so well. We all wanted to further our education so we could be successful like our father. He was a very successful man, but had to work very hard."

Ken Morris Gavin, the fourth of 20 children, became an attorney and assistant pastor. "Our Uncle Harry, the first relative to attend college, influenced Ken, along with my parents," said Eugene. "Ken went to college in Michigan and also served in the Air Force. He still lives in Michigan, preaching at the Second Baptist Church and practicing law."

Ken was instrumental in getting Eugene to move to Michigan in the mid 1980s. "We both look up to each other," Eugene said. "I encouraged Ken to join the Air Force when he was drafted into the Army, and he was a strong factor in my decision to move to Michigan. At one time, there were four of my brothers and two cousins living in Michigan."

However, Eugene moved back to Sanibel four years ago to help his brother Oscar in his plumbing business.

> Oscar started Gavin Plumbing 13 years ago after working for two other plumbing companies on the island. His father-in-law encouraged him to open his own business and he has been serving Sanibel and Captiva ever since. Oscar's motto has been "Do it right the first time!'

It is a fun job except when we have to work in the rain," Eugene said. "All of our customers are very friendly and have a lot of respect for us, and that makes the job a lot easier."

Another entrepreneur in the family was Edmund "Buster" Jr. For 21 years, he had a successful landscaping business on Sanibel called Buster Landscaping. "His enjoyment in landscaping came from my father, who was one of the first landscapers on the island. Buster and my father would help each other on and off throughout the years. The two

> of them really began working together two months prior to Buster's death, in 1995, because they had more work than they could handle.

Ronald Gavin. another member of the Gavin clan, has lived in this area his entire life. He worked for Gavin Plumbing for eight years before deciding to continue his passion for cooking. "It gets in his blood," said Eugene. "He would always cook meals for the family and would make the holiday feasts when we were younger. He loves making dinners and has been a chef for a number of years."

Moving across the family tree, the Walker's branches stand sturdy and

solid. Eugene's cousin, Carl Jordan, is believed to be the first black person born on Sanibel. He was the first black to buy land on the island in 1969. "I still remember when Carl and Mozella, his wife, would pick up all of the black children for school and drive them to the ferry, said Eugene. "The white children had their school bus but we either had to walk two miles or have Carl take us.'

independent contractor for Sanibel and Captiva while his son, Jim, works for the Planning Department on the island. The oldest daughter of Regina Walker Smith, Pearl, has also remained on Sanibel. "Pearl married David West

Today, Carl is an



K. Morris Gavin, a preacher and attorney



The late Edmund "Buster" Jr. working in one of his many yards as a landscaper

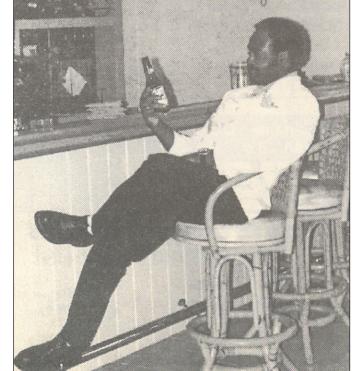
while we were still young," Eugene said. "My brothers, sisters and I all had a lot of respect for Pearl. When she would come to our house, we always obeyed her because it was like we were the children and David and Pearl were the adults. She reminds me a lot of my mother in the way she taught us good habits and had a sound mind.'

As August 1, the first day of the reunion, grows closer, family members from both sides of the tree begin looking forward to good times and delicious food. Because this is the first Gavin/Walker family reunion, the leaves of the entire tree will have a chance to meet and frolic in the wind like in the old days on Sanibel.な

Previously published July 19, 1996, Island Sun.



Mattie Gavin



Chef Ron Gavin

Churches/Temples

ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. 8210 Cypress Lake Drive, Fort Myers, annunciation. fl.goarch.org, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. President Alan Lessack 579-0296.

HISTORIC CAPTIVA CHAPEL BY THE SEA The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 13, 2016 thru April 30, 2017 11580 Chapin Lane, Captiva 472-4646 FIRST CHURCH OF CHRIST, **SCIENTIST**

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historic Chapel, 9 a.m. Contemporary and 11 a.m. Traditional in main Sanctuary, 10:15 a.m. Courtyard Fellowship, 9 and 11 a.m. Bible classes. Childcare available at all services. 1740 Periwinkle Way, 472-2684

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The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m Chapel Service, 10 a.m. Full Service with Sunday School and nursery care. 2050 Periwinkle Wav 472-0497

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Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m.

Communion Service Monday and Tuesday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

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The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 9:30 a.m. Sunday School 9:30 a.m. Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. 2304 Periwinkle Way, saintmichaels-sanibel.org, 472-2173.

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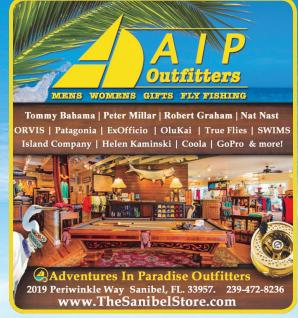
Meets 5 p.m. on the first Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. 2050 Periwinkle Way, ryi39@aol.com, 433-4901.☼



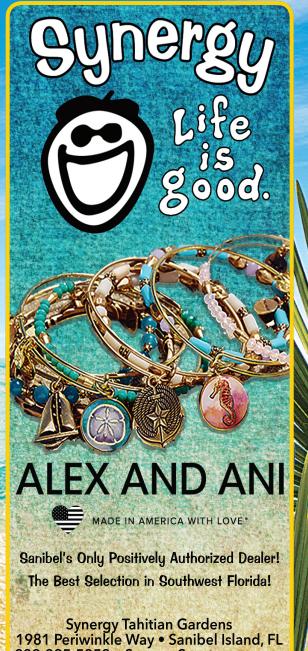


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OBITUARY



JANET C. HAYES

rs. Janet C. Hayes of Fort Myers, Florida and formerly of Sanibel Island, Florida, passed away peacefully in her home on Thursday, May 25, 2017. She was 74. Janet was born December 16, 1942 in Staten Island, New York, the beautiful daughter of the late Edward and Rita Hayes. In addition to working as a hairdresser and beautician, she worked in various retail sales positions throughout her career.

Janet was a devoted wife, loving mother, dear sister and beloved grandmother and great grandmother who will be dearly missed. In addition to her parents, she is preceded in death by her beloved husband, Daniel Barnett Hayes (October 30, 2014). Janet is survived by her three sons, Gary Hayes (Tracey), Bryan Hayes (Jaclynne) and Todd Hayes (Jennifer). She is also survived by her sister, Alice Artale, nine grandchildren, Lauren, Kelsey, Sara, Anna, Daniel, Kyle, Tyler, Isabella and Elley. Janet also leaves behind her great grandson, Grayson.

A celebration of life will be held at noon on Saturday, June 3 at Fort Myers Memorial Gardens, 1589 Colonial Boulevard in Fort Myers. A reception will follow at Cristof's on McGregor, 10231 McGregor Boulevard.

Janet will be laid to rest next to her husband in Fort Myers Memorial Gardens cemetery. In lieu of flowers, memorials are suggested to the Alzheimer's Association, Florida Gulf Coast Chapter, 14010 Roosevelt Blvd., #709, Clearwater, FL 33762 or online a http://www.alz.org/flgulfcoast/in_my_ community donate.asp#DonateNow. Online condolences and memories may be shared on Janet's tribute page at www.fortmyersmemorial.com.

Vacation Bible School Offered At St. Michael's

🔼 t. Michael & All Angels Episcopal Church invites elementary school Children between ages 5 and 12 to attend Vacation Bible School, to be held from 9 a.m. to 1 p.m. June 19 through 23 on the church campus. Children from Sanibel, Captiva and Fort Myers are welcome, as well as visiting children, grandchildren, nieces, nephews and friends.

St. Michael's Parish Nurse Wendy Warner, RN, and her daughter, Meghan Warner, the church youth leader, will head up the week of learning and activities. Wendy, who has served as the St. Michael's nurse for three years, is also a member of the church Sunday School teaching team.

A May graduate from Florida Gulf Coast University, Meghan has led the church's youth group for three years. She has also been a counselor at the Diocesan summer camp for children. Both Wendy and Meghan have taken leadership roles with Girl Scouts of the USA.

Vacation Bible School learning activities promote understanding of the Bible stories in ways that children with different learning styles can grasp--and have fun doing it. Small-group lessons and individual learning, in such areas as painting,



Taylor, Camryn and Emalee Peach having some snacks in the kitchen. Vacation Bible School includes a cooking class among its activities. photo provided

cooking and music, allow participants to be creative and artistically expressive about the meaning behind the stories.

Snacks and lunch will be provided each

St. Michael's Vacation Bible School is free to all attendees. To register, call the church office at 472-2173. The registration deadline is Friday, June 16.

For more information, contact Rector Ellen Sloan at 472-2173 or visit www. saintmichaels-sanibel.org. 公

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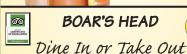
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Monkeypod

by Gerri Reaves

onkeypod (Pithecellobium dulce) is a member of the pea family and native to Mexico, Central America and northern South America. It has spread to many parts of the tropical and sub-tropical world, including South Florida.

Many old specimens of this tree can be found in the area. This evergreen was introduced as a street and landscape tree but was found to have a high susceptibility to hurricane damage.

So easily does it grow and spread that in some places it is considered invasive. Hardiness, adaptability to a range of conditions, drought tolerance and fire resistance enhance its competitive edge. It is also a nitrogen fixer (i.e., produces its own fertilizer).

It forms dense thickets that provide cover for birds, who also spread the seeds. It can grow to 70 feet tall with a wide spread, sometimes forming multiple

The compound leaves are alternate, with two pairs of oval or oblong leaflets. New growth is reddish.

The trunks and stems are armed with sharp thorns. They inspire another of the plant's many common names, Madras thorn, and make the species a good security hedge.

Manila tamarind is another common name. Fragrant clusters of creamy- or greenish-white flowers bloom most profusely in the winter months. Spherical



Non-native monkeypod produces clusters of creamy-white fragrant flowers

photos by Gerri Reaves

with numerous stamens, they have a puff-ball look.

By far the most conspicuous feature of the plant, however, is the coiled seed pods that ripen to red and open to reveal vivid color contrasts.

The smooth flat black seeds contrast with the surrounding white or pinkish aril and the red pod. The fleshy edible aril is used to make sweetened drinks.

The name monkeypod derives from two of the pod's characteristics. Pithecellobium is Greek for monkey's ear, referring to the pod's shape, and dulce means sweet, referring to the aril.

The wood is used to make a wide variety of products, from containers and pallets to tool handles and posts.



In this undeveloped lot, large monkeypods and younger sprouts flourish, some intertwining with large strangler figs

The bark, pulp, roots and leaves have medicinal uses.

Take care when handling this tree, not only because of the sharp thorns but because of the sap can irritate the skin and eyes.

Monkeypod is a relative of two more desirable trees that are native to Florida, catclaw blackbead (Pithecellobium unguis-cati) and Florida Keys blackbead (Pithecellobium keyense). Both are



Monkeypod's twisted pod contains edible pulp and smooth seeds that are dispersed

host plants for the large orange sulphur butterfly, and the latter is listed as threatened by the state.

Sources: 500 Plants of South Florida by Julia F. Morton, Florida Landscape Plants by John V. Watkins and Thomas J. Sheehan, cabi.org, eol.org, and lee.ifas.

Plant Smart explores the diverse flora of South Florida.☆



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Wind And Weather Woes



by Capt. Matt Mitchell

ay and September are generally my two favorite I months for fishing, but so far this May, despite the fact we have huge numbers of tarpon all over, fishing for them has been much tougher than usual due to the crazy wind and weather conditions. May weather is normally calm with light winds that are near perfect conditions to

sight fish and the annual schools of tarpon that invade our area. Over the past few weeks, I can only count on one hand how many days of May-like conditions we have had. Ask anyone who has even tried tarpon fishing this month and the story is the same, "The weather has kicked our butts most days.

Strong wind and tarpon fishing just don't mix as almost all tarpon fishing is done in open exposed water. Unlike other fisheries where you can tuck away when targeting tarpon, wind seriously reduces your options. Casting live baits to slow moving pods as they gulp air has been the dream but far from the reality on most tarpon charters. Most of my tarpon trips have involved hunkering down in areas that tarpon frequent and soaking cut baits on the bottom along with casting a few live baits on floats. This method of fishing for tarpon is not glamorous but is basically the only option during days of 20 mph winds.

Being able to switch it up on a few trips and target catch-and-release snook with live shiners has been a much more successful fishery. At least when we snook fish there are plenty of places to hide from whatever the wind is doing and have a great day fishing. Along with snook, we have been catching lots of trout and, for clients looking for fillets, the mangrove snapper bite only keeps getting better and better.

Taking a few days off from chasing tarpon this week was a relief during the horrible tarpon conditions we experienced. Just being able to sit on favorite sheltered mangrove shorelines and areas in and around the passes and be able to watch clients catch fish after fish was a much needed change of pace. No matter how far out a tarpon trip is planned, it still is decided by mother nature. This whole month of May, mother nature has been extremely hard to deal

With what turned out to be a crazy weather month of May coming to a end, we still will have lots of tarpon around. Hopefully during the month of June, conditions will improve and become much more stable, making this one of a kind fishery a whole lot more angler-friendly. What is so frustrating about tarpon fishing is there are just so many tarpon here right now and when we do get to enjoy near perfect conditions its been incredible action. Seems we get just a couple of good days in a row then the winds kick up and we suffer chasing silver shadows for the next week. Luckily, we have lots of other fishing options and are able to still get out. Catching snook after snook is not a bad plan B.



A tarpon before release

photo provided

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.

Send Us Your Fish Tales

e would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-0113.

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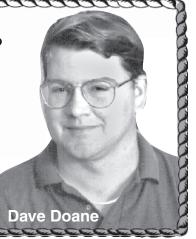
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Fish Caught

ill Reilly, visiting from St. Paul, Minnesota, caught a 49-inch snook weighing approximately 45 pounds on May 19. Reilly was fishing from the beach in front of the West Wind Resort with three of his fellow firefighters around 11 p.m. when he hooked what he

thought was a shark.
"I was using the tail end of a cut mullet and had tossed my bait only about 25 feet out, hoping to keep the bait inside the first channel closest to the beach," he said. "This fish was running hard up and down the channel. After about 10 minutes of battling this fish, I caught a glimpse of it right next to shore. I yelled to my buddies, 'That's no shark, boys!' and grabbed my line and just walked backwards to drag this fish up onto the shore, so that one of my buddies could grab it."

Reilly said it was "a Sanibel fishing memory that I'll never forget."☆



Bill Reilly

photo provided

From page 4

Ocean Tribe

store also carries Kialoa paddles.

"Paddling, especially paddleboarding, is one of our favorite ways to explore the ocean at Sanibel Sea School, so making the sport more available to others was an easy choice for us," said Dr. Neill.

Other merchandise sold at Ocean Tribe Outfitters includes Sanibel Sea School-branded T-shirts, sweatshirts, performance wear, mesh trucker hats and visors, beach towels, reusable water bottles and accessories. They also carry Under Armor long-sleeve and short-sleeve shirts, SunBum sunscreen products, artwork imported from Haiti, books, souvenirs and a vast assortment of recreation wearables, gifts and gear.

One of the other new offerings includes DIFF sunglasses. A portion of the sales from the high quality, polarized eyewear is donated to areas in rural Africa to supply reading glasses for the needy.

"We are now offering everything a customer could want or need," added Basturk. "And they'll see all of our new merchandise as soon as they walk in the

All profits from merchandise sales at Ocean Tribe Outfitters will fund the nonprofit's programs, including scholarships and ocean outreach programs for students in need.

Sanibel Sea School, a 501(c)3 nonprofit organization offering unique, field-based educational experiences, is located at 455 Periwinkle Way. For more information, visit Ocean Tribe Outfitters Monday through Friday from 9 a.m. to 5 p.m., go online to www. sanibelseaschool.org or call 472-8585.☼



Artwork made in Haiti offered for sale photo by Jeff Lysiak





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Flattened Carditid



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

n the last two weeks, I introduced the bivalves broadribbed carditid and three-tooth

carditid. Today, to complete the conversation about local members of the family carditidae, I want to "invite to the podium" the flattened carditid, Pteromeris perplana (Conrad, 1841). A small bivalve, reaching only about $\frac{1}{4}$ -inch, this species has a very flat shell, a feature indicated in the specific name, the Latin compound word *perplana*, which translates into "hyper flat." The shell is triangular, but with a "twisted" beak. Its sculpture consists of about 12 to 15 ribs, and the color whitish or pinkish with brown chevron-like markings. The interior of the shell valves is almost always brown.

Shell Museum Events

Daily programs included with paid admission: movies, live tank talks, arts and crafts. Call 395-2233 for scheduled

Florida Family Discount: Buy one adult admission, receive one free child/vouth admission. This applies from May 1 to September 4 only.



The flattened carditid, Pteromeris perplana, from Sanibel

Beach Walks: Information and registration at www.shellmuseum.org The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.☆

photo by José H. Leal

Hibiscus Show And Plant Sale This Sunday



Violeta

photo provided

he James E. Hendry Chapter of the American Hibiscus Society 66th annual Hibiscus Show/Plant Sale will take place at Araba Shriners on Sunday, June 4 from 1 to 4 p.m. The show is the oldest, largest and best attended of all Florida's hibiscus shows, attracting several hundred people annually. There is no charge to attend.

The event will showcase hundreds of different hybrid hibiscus blooms in a variety of colors and forms which will

continued on page 34





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CROW Case Of The Week:

Adult **Burrowing Owl**

by Bob Petcher

he burrowing owl (Athene cunicularia) is so named due to its unique home preference. It is a tiny owl that lives in the ground as opposed to many other species of owls that live in trees. The little owl averages 10 inches in height and weighs only six ounces.

While it is small, this species of owl has long legs and utilizes

them to sprint through its neighborhood – open areas with low vegetation – to hunt or escape from trouble. They do fly as well.

Burrowing owls use their burrows for nesting and roosting as well as a place to hide when threatened by natural predators such as coyotes, snakes, cats and dogs. Once hidden, they emit rattling and hissing sounds comparable to a rattlesnake. Interestingly, rattlesnakes also occupy such burrows that are said to be originally dug by prairie dogs or others like ground

Burrowing owls are an enigma and possess other differences from their owl cousins. They lack ear tuffs. They eat fruit and seeds. They are active during the day. They can live near airports. The latter is not a choice but, due to their declining species status; they must find other less attractive places to roost.

One may find it difficult to spot a burrowing owl in its home field. They are well camouflaged due to their brownish color and small size and have the ability to sit still. Patience is needed in scanning the horizon



Patient #17-1545 appears alert after suffering injury from being hit by a vehicle photo by Brian Bohlman

and trying to find the small dirt mounds around their hurrow entrances

At CROW, an adult burrowing owl was admitted to the clinic from Cape Coral on May 9 after being hit by a car. Although x-rays showed "no significant findings," a small defect was examined on the patient's left clavicle. Combined with the patient's inability to fly, the veterinarians suspected a clavicular

"Based on the radiographs and exams, we are able to determine this area was the source of discomfort. However, radiographs were inconclusive in determining if it was indeed a clavicular fracture," said CROW DVM intern Dr. Spencer Kehoe. "It could be an older injury that we were palpating which needed more time to heal or it could be soft tissue damage causing the problem."

No other injuries were found as a result of it being hit by a vehicle. CROW officials did say the owl was emaciated upon arrival to the clinic.

The patient was fed and quickly increased its appetite and responded well to pain medications. It was given one week of cage rest. Afterwards, the owl was given a second flight test and passed. It was then moved to an outside enclosure, where it continued to eat well. Pain medications were discontinued.

Last Friday, the prognosis looked good for the owl's imminent release back to the wild.

"It has been outside for about a week and is very close to release, hopefully in the next day or two," Dr. Kehoe said at the time.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.☆





Students and parents watching for dolphins in Tarpon Bay

photo provided

Second Graders Visit Tarpon Bay **Explorers**

oth second grade classes from The Sanibel School visited Tarpon Bay Explorers for a Sealife & Nature Cruise on May 22. "This is an annual activity for the second graders," said one

of the group's chaperones. "I think this is my eighth time taking this trip.

The excursion consisted of two activities, a visit to the aquarium touch tanks and a boat cruise. The students were led by Tarpon Bay Explorers naturalists Brie Coffman and Mandy Hunt and skippered around the bay by Capt. Adam Sauerland. Coffman and Hunt taught the children about local flora and fauna, while Sauerland drove the students around the tranquil waters of Tarpon Bay looking for a myriad of wildlife. Students observed baby brown pelicans on Tarpon Bay's rookery islands and dolphins feeding in the grass flats.

"It is always encouraging to see youngsters so enthused about wildlife," said Sauerland. "Places like 'Ding'

Darling are special and trips like these will hopefully instill an appreciation for

The students also enjoyed the aquarium where they saw wildlife that is usually hidden among substrate and seagrasses. They departed with smiles on their faces, a skip in their step and one step closer to summer break.☆

CROW Calendar Of Events

he Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact David Waszmer, Visitor Education Center and gift shop manager at 472-3644 or dwaszmer@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. CROW is located at 3883 Sanibel-Captiva Road.

Friday, June 2, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work

their magic. One of CROW's animal ambassadors will be present.

Monday, June 5, 11 a.m., adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, June 6, 11 a.m. to **12:30 p.m.**, \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, June 6, 11 a.m., adults \$7, teens \$5, 12 and under no charge – continued on page 34

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Frank Harvey, whose sister lives on Sanibel, recently completed a 3,100-plus-mile bicycle trip across the southern tier of the United States photo by Jeff Lysiak

Visitor Completes Southern Tier Cycling Journey

by Jeff Lysiak

with more than 24 miles of paved shared use paths connecting Sanibel and Captiva, local bicyclists have been blessed with one of the most bike-friendly communities around.

But for United Kingdom native, Frank Harvey, whose sister lives on Sanibel, his passion for cycling has taken him well beyond the islands.

A resident of Buckinghamshire, England, Harvey recently completed his second tour across America on his trusty two-wheeler, making a 3,100-plus mile journey across the southern tier of the United States.

"I've had a bike since I was 7 years old, which I used to ride back and forth to school every day," said Harvey, who



Map of the route between San Diego, California and St. Augustine, Florida image provided

will turn 69 next month. "Working as a hotelier, I used to keep a bike in my office at Oxford, but I didn't start doing long distance cycling until about a year before my retirement."

Over the years, Harvey would take biking holidays along the scenic canals of France and in Spain, traveling through Galicia and Camino del Norte. He would often bike along with other riders in a small group, but most of his long distance trips were solo.

"I quite enjoy being out there all alone," said Harvey. "It gives you time to think and mull over life, consider what's ahead and see nature at its best – the landscapes, the sounds of birds and other wildlife."

In 2016, Harvey completed the Trans Am Crossing, a coast-to-coast bicycle excursion from Astoria, Oregon to Yorktown, Virginia. That trip, which started on May 1 and finished on July 21, consisted of 4,550 miles.

"That went quite well," he recalled.
"I'm an insulin-dependent diabetic, so I'm

checking my blood sugar 11 or 12 times a day throughout the ride. You can't let anything slip... I have to be constantly aware."

The "moment of elation," as he described it, during the Trans Am Crossing came when he arrived at Hoosier Pass in Colorado. "That view we saw was so memorable – snow-capped mountains and magnificent winding roads."

Harvey enjoyed that experience so much that he decided to ride his bicycle across America again this year, taking part in a San Diego, California to St. Augustine, Florida trip from March 13 through May 9. The trip totaled more than 3,100 miles.

"I wanted to do a crossing that was a little bit warmer and earlier in the year," he said. "During the southern tier, you're not riding on roads and climbing to great heights. Some of the hills we crossed in Texas had a steeper gradient than we saw out west, and were comparable to

continued on page 36





Cruising the waters of Pine Island Sound

Fifth Graders Study Coastal Ecology

submitted by Richard Finkel

ast week, The Sanibel School's fifth graders cruised to Cayo Costa State Park aboard Captiva Cruises' motor catamaran The Santiva. This environmental education field trip, made possible by a partnership between the Sanibel-Captiva Conservation Foundation (SCCF) and Captiva Cruises, strives to give local youth of Southwest Florida a first-hand look at the ecology of our back bay estuary and coastal ecosystems.

Fifth graders in Ann Franke's and Tiani Livermon's classes got an up close look at dolphins corralling fish in the Gulf of Mexico as they made their way to Cayo Costa State Park. On the barrier island beach, students observed the delicateness of dune vegetation. Students observed and recorded evidence of the shoreline's inhabitants including ghost crabs, sand dollars, coquina clams and other mollusks within the tidal zone. The maze of red mangroves was observed while walking the trail that acts as a cross-section,





The students studied marine organisms including sea stars and a seahorse

from bay to beach, of this protected barrier island.

While traveling on the waters of Pine Island Sound, students were able to observe and identify fish and other



Students observing a seahorse



Fifth graders and their crew on the dock at McCarthy's Marina on Captiva

marine organisms that were pulled up with a trawling net. These included blue crabs, sea stars, pin fish, a sheepshead, grunts, triggerfish and puffer fish. Even a seahorse was observed, recorded and released back into the shallow sea grass habitats of the back bay estuary.

These first-hand learning experiences are an invaluable exposure to the many wonders, joys and importance of our coastal environment. SCCF and Captiva

Cruises takes great pride in working together to provide these experiential field trips with this No Child Left On Shore environmental education outreach project.

For more information about these field trips, or to sponsor a local youth group outing, contact SCCF at 472-2329 or Captiva Cruises at 472-5300.❖



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Children's Education Center Of The Islands Class Of 2017



The proud graduates are, from left, Max Cantor, Angelina Roa, Steele Floyd, Valentina Bell, Ava Wodjeski, Pierce Padgett, Kacelyn Noorlander, Mason Fase, Charlee Armstrong and Marlow Plassard (not pictured, Emma Murray) photo provided

arents, grandparents, siblings and staff were in attendance for The Children's Education Center of the Islands Graduation Day 2017 at The Sanibel School. The group was the 43rd class to graduate from the

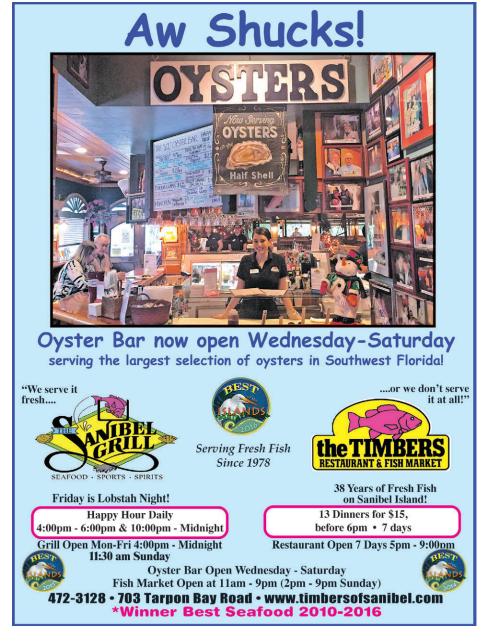
education center. This year's graduates are aspiring firemen, rock stars, dads, a bone doctor, veterinarians for land and sea animals, and a princess. The graduates unanimously voted that playing on the playground was their

favorite thing to do in school.

The children's school work was displayed throughout the auditorium and graduation DVD was played, which brought tears to the eyes of many in the audience. Ms. Cindy and Ms. Sierra

presented Diplomas of Completion to each of the students. The highlight of the ceremony was a lively compilation of songs by the children.☆







Midsummer Melon Salsa

- 3 cups watermelon (seedless if available), diced
- ½ cup bell pepper (green, or your favorite color), diced
- 2 tablespoons lime juice, freshly squeezed
- 1 tablespoon cilantro, chopped
- 1 tablespoon green onions, chopped
- 1 tablespoon jalapeño pepper, finely chopped

Kosher salt and freshly ground pepper to taste

Combine all ingredients. Cover and refrigerate 1 hour to let all of the flavors come together. Tip: This light summer-style salsa is a great way to liven up fresh Florida seafood. Use this salsa recipe as a template to make any kind of salsa; just replace the melon with your favorite fruit or

veggie. Yield: Six servings Nutritional Value Per Serving Calories 320; Total Fat 4g; Cholesterol Omg; Sodium 163mg; Total Carbohydrates 73g; Protein 6g. Good source of Vitamin C.

Look for Fresh from Florida ingredients at your grocery store.☆



Midsummer Melon Salsa

photo courtesy Fresh From Florida

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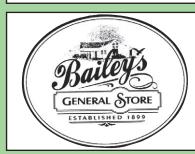
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Leisure Lunchers Visit Sweet Melissa's Café

by Jeff Lysiak

ast Wednesday afternoon, 17 members of the Island Seniors' Leisure Lunchers group gathered at Sweet Melissa's Café to enjoy the award-winning restaurants' creative menu featuring a wide array of different tastes, textures and eclectic ingredients.

After sitting down in a private dining area, the group chatted with Executive Chef Melissa Talmage, who opened the lunch and dinner eatery eight years ago. Originally from Bucks County, Pennsylvania, Talmage studied political science in college before exploring the culinary arts.

"My father used to work on Wall Street, and I used to meet him in the city and try some of the great restaurants in town,' Talmage told the group. "At home, I tried to imitate some of the best meals we'd

Then, her dad gave her some wonderful advice.

"He asked me, 'If you could do anything in the world, what would you like to do?" she recalled. "When I told him I'd like to become a chef, he said, 'Then you should go for it.

After training at Manhattan's French Culinary Institute, Talmage worked at some of the most respected restaurants in the United States including Union Cafe in New York City, Commander's Palace in New Orleans and John Besh's August, also in New Orleans. After Hurricane Katrina struck Louisiana in 2005, Talmage and her family moved to Southwest Florida, where she joined the staff of Redfish Blufish.

Shortly thereafter, the restaurant was reopened as Sweet Melissa's Café.

Working in the restaurant industry is a labor of love... you have to love what you're doing," Talmage explained. "The first couple of years was kinda slow, but I didn't want to compromise the way I prepare my food or buy lesser quality ingredients. It took a while, but I'm very

happy the way things turned out."

During their May 24 outing, the Island
Seniors feasted on dishes such as duck confit salad, artisan greens with tuna, pork belly tacos and a pimento goat cheese and country ham panini. Among the dessert offerings were homemade ice cream and sorbet, banana pecan strudel and a foie gras beignet.

"I enjoy coming here because the food is very good and healthy," said Carole Fallon, who raved about the restaurant's small plate offerings at dinner. "I like food that tastes good, but also that's a little bit different.

Fellow senior Carol Good, who was visiting the eatery for the first time, said, "Everything was delicious. I never had anything like this before.

Sweet Melissa's Café is located at 1625 Periwinkle Way on Sanibel. For more information, to read the lunch, dinner and dessert menus or to make reservations, call 472-1956 or visit www.sweetmelissascafe.

Upcoming Leisure Lunchers outings have been planned on Thursday, June 8 when the group travels to Fort Myers for



Executive Chef Melissa Talmage sharing details of her culinary background with some of the Island Seniors' Leisure Lunchers group during their outing to Sweet Melissa's Café on photos by Jeff Lysiak

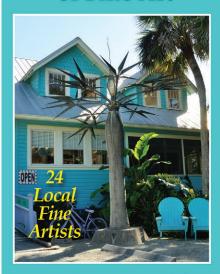
Melissa Talmage having a laugh with some

a tour of the Butterfly Estates, with lunch at The Gathering Place; on Wednesday, June 21 when they will visit The Mound House on Fort Myers Beach, with lunch at Nervous Nellie's Crazy Waterfront Eatery; on Thursday, July 20 for a Franklin Lock Buffet Cruise; and on Thursday, July 27 with a trip to The Off Broadway Palm Theatre in Fort Myers for lunch at Cristof's on McGregor and a performance of the comedy play Right Bed, Wrong Husband!

To make reservations or for more information, call the Sanibel Center 4 Life at 472-5743.於

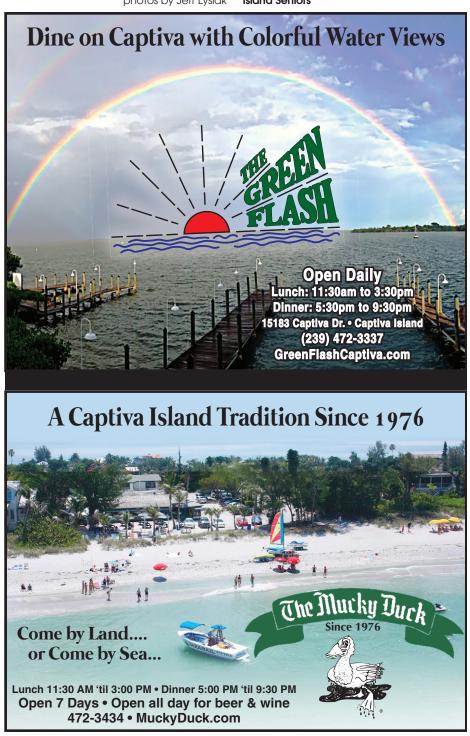


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ISLAND FARE

BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, coffee bar, daily lunch specials, take out and catering for cookouts, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland. Services include shopping for your groceries and delivering them to your home or vacation destination. Pick up the extensive list of gluten-free products near the entrance to the supermarket. Bailey's has a second location at Sundial Beach Resort & Spa at 1451 Middle Gulf Drive.

2477 Periwinkle Way, 472-1516

BEACH PIEZ

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Hours are Monday through Wednesday from 11 a.m. to 9 p.m., Thursday, Friday and Saturday from 11 a.m. to 10 p.m., and Sunday from noon to 9 p.m. With fresh ingredients, mouth-watering mozzarella, provolone cheese "secret recipe" dough, homemade pizza sauce and family recipe meatballs, Beach Piez will deliver the best pizza the island has to offer.

2441 Periwinkle Way, 472-3224

THE BLUE GIRAFFE

The Blue Giraffe, under new ownership, offers casual island dining for "no wait" breakfast from 7 a.m. to noon daily as well as lunch and dinner seven days a week until 8 p.m. Dine outside in the garden atmosphere of Periwinkle Place or inside at hand-painted tables, inspired by local artists. The new menu is full of traditional and unique breakfast items, signature burgers, custom sandwiches, fresh and local seafood, salads, steaks, pork and vegetarian options. There is a full liquor bar and various local beers on tap.

2075 Periwinkle Way (Periwinkle Place), 472-2525

BLEU RENDEZ-VOUS FRENCH BISTRO

Make an Island Rendez-Vous at Bleu! Join your hosts, Parisian Chef Christian Vivet and his Floridian wife Mari Vivet for a classic French bistro dining experience on Sanibel. Choose from an array of appetizers, the extensive a la carte menu, a Prix Fixe Tasting Menu, the Chef's Bleu Inspirations or Petite Plates. Pair your dinner with an extensive French and domestic wine list, dessert wines or French craft beers. Don't forget to save room for an appetizing dessert menu. Authentic French dishes are prepared in the open kitchen for diners lucky enough to score a seat at the Chef's Counter to watch a real French chef in action. Chef Christian prepares his delicious appetizers, entrees and desserts from scratch with flair, creativity and efficiency. It's as if you have stepped off a plane in France, without the jet lag! You'll feel welcome by Mari's southern hospitality as you are greeted at the door. Open Tuesday to Saturday at 5 p.m. Řeservations encouraged.

2430 Periwinkle Way, 565-1608

CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. In Jimmy's memory, Cip's styles itself as a local watering hole. A large mural shows many islanders through the ages - including "Cip" - and if you don't recognize them all, ask to see the "kev." Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. Try the homemade potato chips, fried buttermilk chicken with sage gravy and snapper tacos. Choose between the outdoor garden patio and front porch. Indoor seating and full bar are also available. Hours are 11 a.m. to 9:30 p.m. daily, with happy hour from 4 to 6 p.m.

2055 Periwinkle Way, 472-0223

DOC FORD'S RUM BAR & GRILLE

Doc Ford's is a well-known local's restaurant, famous for its great food and service with plenty of indoor and outdoor seating boasting "Award winning flavors from the Caribbean Rim." The restaurant is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. With locations on Sanibel & Captiva Islands and Fort Myers Beach, all locations offer island favorites like Yucatan shrimp and fish tacos along with raw bar selections and fresh local seafood dishes. Premium rums and tropical drinks such as the Island Mojito are a specialty of the house. The



From left, Irene Rodriguez, Nikki Rood, Pangaea Gamble and Claudia Gonzalez of Sanibel Sprout photo by Bob Petcher

combined menu offers both lunch and dinner daily from 11 a.m. to 10 p.m.

Doc Ford's Sanibel, 2500 Island Inn Road, 472-8311; Doc Ford's Captiva, 5400 South Seas Plantation Road, 312-4275, Doc Ford's Fort Myers Beach, 708 Fishermans Wharf, 765-9660

DUNES GOLF & TENNIS CLUB

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular hand-battered coconut shrimp and steak sandwich. Dinner is available only on event nights from 6 to 9 p.m. or for special seasonal dinners.

Featured monthly events include Trivia Night, Kara-oke and Themed Dinner Nights. There is a Friday a la carte dinner menu with featured selections each week, such as steak and seafood.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m. Enjoy with the famous crab bisque as a starter. 949 Sand Castle Road, 472-3355

GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only seaside saloon" where you can dine at the Sanibel Marina in view of luxury yachts and fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of fresh seafood, salads, sandwiches and more. Appropriate dress is required. If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.

634 North Yachtsman Drive, 472-8138

GREEN FLASH

The Green Flash has marvelous waterfront views of Captiva Island's bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy's Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway. Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner. All seats have a view of the waterfront. Reservations are not accepted.

15183 Captiva Drive, 472-3337

IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce. there is a thoughtfully prepared dish on the menu for everyone. Il Cielo is open Tuesday through Sunday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. There is live piano music by Scott McDonald Tuesday through Sunday nights beginning at 7 p.m.

1244 Periwinkle Way, 472-5555

ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu. Now serving full liquor island cocktails! Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 9-ish p.m.

2163 Periwinkle Way, 472-0606

ISLAND PIZZA

Island Pizza is named so because it does pizza right. The dough is made daily and the ingredients include fresh produce from local vendors. That is why the "family-owned" restaurant has been voted "the best pizza on the island" from 2009 to 2016. Known as quaint and colorful, Island Pizza has more than 9 years of experience while specializing in home-cooked Italian cuisine. Besides pizza and classic Italian entrees, Island Pizza has a large selection of appetizers and salads as well as wings, calzones and seven choices for kids. Boar's Head deli meats are also served on subs.

Open seven days a week from 11 a.m. until late evening. Lunch is served 11 a.m. to 5 p.m. with buy-oneget-one drafts on happy hour from noon to 5 p.m. Eat in, take out or free local delivery.

1619 Periwinkle Way, 472-1581

JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the wellstocked salad bar to take out. The restaurant is open for breakfast, lunch and dinner from 7 a.m. to 8:30 p.m. 1700 Periwinkle Way, 472-9300

JOEY'S CUSTARD

Joey's Custard is a family owned and operated sandwich, coffee and ice cream shop in Bailey's Center. Owners Joey Almeida and mom Debi Almeida offer fresh-to-order paninis as well as Working Cow ice cream products (custard, yogurt, sorbet, banana splits, sundaes, floats, smoothies, hard and soft serve ice cream) and coffee (five-bean house blend. Tim Horton. espresso, affogato). Try the Beach Box Lunch To Go (add \$2 to any sandwich and get a drink and bag of chips). Ask about BOGO with Island Cinema.

Joey's Custard is open from 10:30 a.m. to 9 p.m. Monday through Thursday; 10:30 to 10 p.m. Friday and Saturday; and noon to 9 p.m. Sunday.

2467 Periwinkle Way in Bailey's Center, 472-7222

MATZALUNA ITALIAN KITCHEN

Are you in the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big menu, involving over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available. Matzaluna offers a large selection of Florida craft beer, both on draft and in cans and bottles. Enjoy \$5 apps at the bar from 4:30 to 5:30 p.m. Hours are 4:30 to 9:30 p.m. daily and happy hour is 4:30 to 6 p.m.

1200 Periwinkle Way, 472-1998

MUCKY DUCK

Historically known as the neighborhood pub, The Mucky Duck may well be the most famous restaurant on Captiva Island due to its longevity of 40 years in business and guirky name. Then there are the fabulous sunsets. Patrons gladly wait on the beach for tables. This place draws crowds – as customers sip cocktails and beverages until they can take their seats. Reservations are not accepted. The Duck, serving fresh seafood, pub-style food, sandwiches, steaks and other items, is open for lunch from 11:30 a.m. to 3 p.m. and dinner from

11546 Andy Rosse Lane, 472-3434

OVER EASY CAFÉ

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different eggs benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available. Breakfast is served all day. Hours are 7 a.m. to 3 p.m. 630 Tarpon Bay Road, 472-2625

PASTURE & PEARL

Sanibel's newest restaurant, Pasture & Pearl is the latest collaboration from the well-traveled husband and wife team Chef Elaine Dammeyer and General Manager Christian Jego. Come as you're comfortable for a modern, fine dining experience. The cuisine celebrates locally, regionally, ethically and sustainably sourced ingredients, and wine selections are curated by resident sommelier Kory Lynn. The intimate atmosphere and attentive service evoke the hospitality of a dinner party. The menu offers seasonal vegetarian preparations, fresh, wild-caught and responsibly farmed seafood, and the finest cuts of freely pastured beef, lamb, chicken, duck and rabbit from White Oak Pastures, a 150-yearold, multigenerational farm in Southwest Georgia, including a custom cut especially developed for the signature dry aged bone-in ribeye.

The Village Shops, 2340 Periwinkle Way, 810-5514

PECKING ORDER

The Pecking Order features tender, juicy, fried chicken and all the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating that seals in the juices without allowing the fat to penetrate. Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, mashed red potatoes and gravy, Harlem special, cheesy

ISLAND FARE

grits and veggie chili. Try the Black Betty, a warm, dark chocolate torte filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners' sugar. Take out, delivery and outdoor dining available.

2496 Palm Ridge Road, 472-2534

SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free Wi-Fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon. Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.

2240 Periwinkle Way, 395-1919

SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to homemade regular choices, along with award-winning New York style pizza and wings, Boar's Head meats, frozen yogurt, New York style bagels and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas. Free Wi-Fi. Eat in or take out as well.

2330 Palm Ridge Road, 472-2555

SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes. Open seven days from 4 p.m. to midnight with happy hour from 4 to 6 p.m. and 10 p.m. to midnight.

703 Tarpon Bay Road, 472-3128

Read us online at IslandSunNews.com

SANIBEL SPROUT

The Sanibel Sprout is the island's only 100 percent gluten-free/vegan/organic cafe: an oasis of health where the emphasis is on providing incredibly tasty and creative culinary creations designed to nourish and delight all of your senses. Order one of the fresh salads, Wizard Waffles, classic burger, Mexican plates and indulge in our Indian curry, Vietnamese pho and raw vegan lasagna. Pair your meal with a locally crafted beer, a glass of organic wine or housemade kombucha. The fresh juice bar is brimming with smoothies, herbal elixirs and custom juices, or come and enjoy an espresso or cappuccino with one of the delectable donuts, pies, cupcakes or truffles. The Sanibel Sprout is open for breakfast, lunch & dinner from 10 a.m. to 7 p.m., Monday through Saturday and from noon to 7 p.m. on Sunday.

2463 Periwinkle Way in Bailey's Center, 472-4499

SUNDIAL BEACH RESORT & SPA

Voted 2016's Best New Restaurant and Best Sushi, discover an authentic experience at Shima Japanese Steakhouse & Sushi Bar featuring hibachi dining and expertly rolled sushi. For sushi-to-go, visit Shima Grab N Go for the same award-winning sushi selection.

Panoramic Gulf views await at the Gulf-front Sea Breeze Café where the menu celebrates fresh local produce and seafood. Enjoy breakfast, lunch or dinner on the outdoor terrace or in the dining room.

Sanibel's favorite tiki bar, Turtle's Pool & Beach Bar, serves up frosty drinks and favorite fare at the bar and family-friendly patio.

Visit sundialresort.com for menus, restaurant hours, daily happy hours and reservations.

1451 Middle Gulf Drive, 472-4151.

TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before

5:30 p.m. plus a large selection of local seafood, such as grilled shrimp, fried grouper, oysters, clams and crab cakes. Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's open at 2 p.m.) Restaurant is open seven days from 5 to 9 p.m.

703 Tarpon Bay Road, 472-3128

TRADERS GULF COAST GRILL & GIFTS

Traders Gulf Coast Grill and Gifts is unique in that it combines a bustling restaurant with a large shopping emporium with casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro cuisine with island flair, featuring such offerings as black beans and rice, blackened fish and fresh salads from an open kitchen. There's no fryer in the place. The tables are freshly wrapped in white paper for each party, and there's a pot of colored crayons for doodling, whether you're an adult or a child. Lunch is served from 11 a.m. to 2 p.m., happy hour from 3 to 6 p.m. and dinner 5 to 9 p.m. There's live music from 7 to 10 p.m. Tuesdays and Thursdays with Danny Morgan and Wednesdays with Chris Workman.

1551 Periwinkle Way, 472-7242

TRADITIONS ON THE BEACH

Traditions on the Beach, Sanibel's first dining room, has been delighting its guests since 1895. Offering "Contemporary Cuisine, Sanibel Style," Traditions provides the highest level of service in a relaxed beachfront setting. Both the tapas menu, served in the Sunset Lounge, and the full dining room menu capture the flavors of the gulf, complemented by the unique atmosphere of the historic Island Inn. Award winning Chef Aziz uses only the finest fresh, local ingredients to create vibrant dishes. Drink, dine and dance at Traditions on the Beach, featuring live entertainment. Tapas and cocktails are available in the bar and lounge beginning at 4 p.m. Monday through Friday. Regular dinner menu beginning at 5 p.m. daily. Reservations are suggested.

3111 West Gulf Drive, 472-4559

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

The Mucky Duck on Andy Rosse Lane, Captiva features live music by Peter Redpath on Thursday and Sunday. Gary Earle plays Friday.

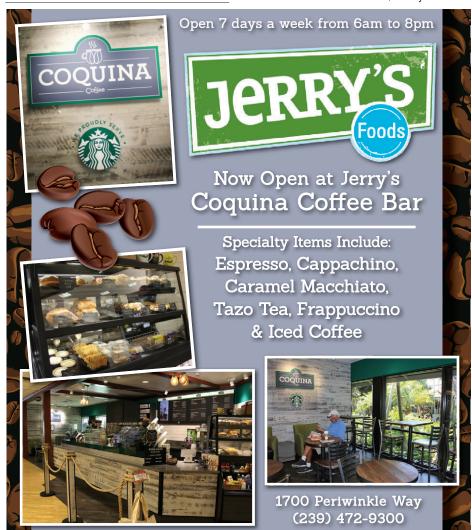
Gene Federico performs on Saturday and Wednesday. Mark Dupuy plays on Monday. On Tuesday, it's John McLane.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Kathy Buda. On Saturday, it's Dusk Duo. Woody Brubaker plays on Sunday and Wednesday. Mike Arnone performs on Thursday.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays with Danny Morgan & Friends.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.※





Lincoln In The Bardo

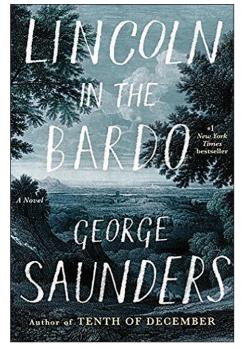


by Di Saggau

Talk about a different type of novel, Lincoln in the Bardo definitely falls into that category. It's the story of young Willie Lincoln, Abraham and Mary Lincoln's

11-year-old son who died in February 1862, probably of typhoid fever. His death devastated his parents, in fact Willie's mother Mary was so distraught she couldn't even attend his funeral. Abe has enough on his mind dealing with the uproar of the Civil War, and his son's death propels him into extreme grief. He walks into the Georgetown cemetery where Willie's body is entombed in a "sick bed." Several times when Lincoln visits Willie's tomb, he opens it and holds his son once more. Various voices of the dead that surround Willie comment on these scenes, and it is heartbreaking. Some are envious that no one has ever tried to hold them that way. The voices come in snatches throughout the book.

The two main voices are that of Hans Vollman and Roger Bevins III. They think they still have a chance of exiting their "sick boxes" and returning to the



lives they have lost. They are joined quite often by an elderly reverend who knows a great deal about the bardo, which refers to the transitional state between life and death defined by Tibetan Buddhism. The ghosts in the novel have a Dantean quality about them as they shape-shift in the world of the bardo.

The story of Lincoln's life during this period, and also what various people think about him, is told through snippets of actual archival statements, and it's fascinating the way Saunders puts it all together. The president says, "My poor boy, he was too good for this earth, God has called him home." Newspapers report that a grief-stricken Lincoln returns, alone, to the crypt several times to hold his boy's body. From the historical truth, Saunders spins his unforgettable story of familial love and loss that results in a thrilling, supernatural realm both hilarious and terrifying.

Because Willie is a child, he is continued on page 30

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink. net. Each week, individual work will be showcased.

selected by Tanya Hochschild

Women Unremembered

by Tanya Hochschild

Consider photo frames, absent photographs, unwritten love letters.
Consider women who Cook on slow, hot, coal stoves.
Launder piles of starched shirts, dresses, table linens.
Dust desks, bookshelves, window sills.

silver, copper, brass.

Consider women of little education, no freedom, who set tables at which they never eat.

Wash wine glasses, water glasses, work long hours for low wages, feet tired from a hard kitchen floor,

while in the living room guests sip coffee and liqueurs.

Sisters, mothers, wives, madonnas

invisible while they are alive.
But

when we tap to be let in, we hear them knocking to get out.

When we honor their memories, their photographs fill the frames, no longer women unremembered.

Tanya Hochschild is member of a Sanibel Writers Group, has participated in Artpoems and Writer's Reads on the island, and had two books published.☆



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Sanctuary Ibis #B102 - Easy-access ground-level 2 bedrm with garage. Natural views to golf course & lake. Home-like with condo amenities. \$470K



Pointe Santo #D34 - View straight over central lagoon to gulf. Popular rental complex with pool, hot tub, tennis, club house with activities & more. \$599K



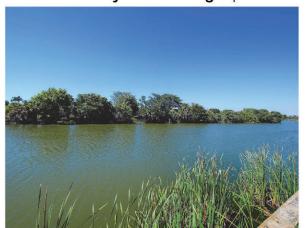
Sand Pointe #122 - Remodeled gulf-view 2nd floor 2 bedrm with recently restored balcony. Many years of rental history too. Turn-key with bookings. \$724K



Cottage Colony West #119 - Beachfront Casa Ybel Resort condo, this view. Easy investment. On-site program with nightly rentals & guaranteed income. \$675K



Loggerhead Cay #264 - Top-floor completely vacation-ready 2 bedrm with this view & lots of rental bookings. Grosses \$55-60K/yr. \$598.3K furnished



Spanish Cay #D1 - Riverside groundfloor 2 bedrm with glassed lanai. This view. Separate utility rm. Community pool & beach access near by. \$369K



239 Daniel Dr - Expanded Seagull Estates 3 bedrm with den. Borders preserved land. Near beach w/private access & amenities. \$1.069M professionally decorated



625 Lake Murex Cir- Near-beach solid CBS ground-level split-plan 3 bedrm home with tile roof & pool. This long lake view. Easy-care xeriscape yard. \$699K



9441 Peaceful Dr - Wide lot backing to conservation land in Gumbo Limbo. Great mid-island neighborhood handy to causeway, shopping, bay, gulf. \$274K

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Susan@SanibelSusan.com



More info & real estate blog at SanibelSusan.com

School Smart



by Shelley M. Greggs, NCSP

e want our two young children to have some exposure to the arts now before they get tied down with homework. I have seen some summer programs

that look good and want to enroll them. Do you have any info on the benefits for children when they participate in the arts?

Leslie B., Cape Coral

Leslie,

Young children love to draw, paint, sing and dance, and these activities play an important role in their early development. The benefits of arts participation are significant for childhood, and the benefits continue into adolescence and adulthood. Dr. David Murphey, research fellow and director of the Child Trends DataBank has reported on these benefits.

Most important of these benefits is that arts participation is associated with numerous positive developmental, academic and personal outcomes. Developmentally, motor skills, language skills the building blocks of decision-making skills and visual-spatial skills are directly enhanced. Motor

skills are developed by the motions involved in making art, such as holding a paintbrush, using scissors or scribbling and writing with crayons and other implements. Language skills are increased by making art or just talking about it. The experience provides opportunities to learn words for colors, shapes and actions. Drawing, sculpting with clay and threading beads on a string all develop visual-spatial skills, which are more important than ever. Critical thinking skills begin to be developed through art as the experience of making decisions and choices in the course of creating art carries over into other parts of life. "If they are exploring and thinking and experimenting and trying new ideas, then creativity has a chance to blossom," said MaryAnn Kohl, an arts educator and author of numerous books about children's art education.

As children mature, benefits from arts participation continues. These include higher grades and test scores, enrollment in post-secondary education, attainment of a bachelor's degree and higher levels of literacy and civic engagement. Secondary school students who participate in the arts are more likely to achieve a degree and tend to continue their artistic habits into adulthood.

Arts participation also promotes children's social-emotional development by fostering positive social skills, regulation of emotions, openness to innovation and connections with new

people and ideas. Art instruction can encourage school participation and attendance and lead to greater student self-esteem and motivation. These positive changes can improve overall classroom functioning.

Music, in particular, helps to develop additional abilities. The study of music has been proven to boost brain functioning. Young people who have had music training demonstrate higher cognitive skills across disciplines with strong evidence that math skills are clearly strengthened. There are other indications, not yet conclusive, that children who engage with music at an early age develop neural connections that non-musical children don't develop. Specifically, musically engaged children have heightened perception of tonal changes and improved "auditory processing," the ability to understand speech, which is important for school

"Parents need to be aware that children learn a lot more from graphic sources now than in the past," said Dr. Kerry Freedman, Head of Art and Design Education at Northern Illinois University. "Children need to know more about the world than just what they can learn through text and numbers. Art education teaches students how to interpret, criticize and use visual information, and how to make choices based on it." Knowledge about the visual arts, such as graphic symbolism, is especially important in helping kids become independent,

smart consumers and navigate a world filled with marketing logos.

The benefits of arts participation are many. I would encourage you to enroll your children in these experiences.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.☆

From page 28

Book Review

vulnerable. If he is not vigilant, he will be pinned down by creeping tendrils consisting of damned souls. The way the love of father and son is written brought tears to my eyes. At other times I found myself laughing at statements made by some of the voices. Lincoln in the Bardo is an astonishing feat of imagination. It is daring, generous in spirit and deeply concerned with matters of the heart. It's a thrilling new form with a theatrical panorama of voices living and dead, historical and invented. It asks a timeless, profound question: How do we live and love when we know that everything we love must end?☆



ATTENTION

High School Graduates

Please email the following information to

press@islandsunnews.com

so we can include you in our graduation pages, coming soon:

- 1) your name and photo
- 2) name of high school
- 3) names of your parents
- 4) school you will be attending in the fall

Any questions, call 395-1213





Listen to live entertainment on the lawn

Summer Entertainment At Periwinkle Place

Periwinkle Place shoppers will be treated to live entertainment, complimentary refreshments and special savings from participating stores every Thursday night in June and July from 4:30 to 7 p.m. The live music performances will feature the sounds of Steve McDougal, Paul Dever, Bobby Blakely and Robby Hutto.

The summer series, themed Shop, Dine, Rhythm and Wine, will feature

photos provided

specials and/or refreshments from the Blue Giraffe Restaurant, Butterfly Beach, Cargo Trading Co., The Original Chico's, Classic Collections, Congress Jewelers, FantaSea, Fresh Produce Sportswear, Her Sports Closet, Island Style Galleries, Naples Soap Company, Paradise Boutique, Peach Republic, Sanibel Olive Oil, Sanibel Sunglass Company, Sea Glass Lane, Simply Boutique, Tiki Jim's, Toys Ahoy and Trader Rick's.

Periwinkle Place is open daily and is located two miles west of Causeway Road on the left at 2075 Periwinkle Way. Call 395-1914 or visit www. periwinkleplace.com/events for more information.

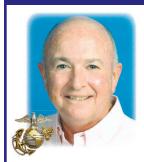


Snacks and refreshments will be served throughout the evening



Shop, dine and have a glass of wine

Happy Memorial Day



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Loggerhead Cay # 434



Exceptional top floor 2 BR/2 BA remodeled unit located on the Island's East End. Nicely furnished. Great rent income! Lots of amenities... steps to beach! \$619,000

3099 Cussell Dr. (Pine Island)



Build on this large corner, canal front lot with sea wall. Direct gulf access in minutes. Room to build 40 ft. dock.

\$219,000

Commercial on Tamiami Trail



Two parcels, A & B zoned Commercial General. Parcel A is approx. 4.5 acres and Parcel B is approx. 2.0 acres. (A) \$999,500 (B) \$400,000

Seashells of Sanibel # 6



Steps to the beach access... Nicely updated 2 BR/2 BA unit, enclosed lanai, impact sliders. Weekly rentals, amenities, on site Mgmt...

\$395,000

Pointe Santo C36



2 BR, 2 BA with great GULF views...! Silestone counters, new tile, upgraded kitchen/baths.
On site Mgmt. AMENITIES!
Excellent rental income.

\$786,000

Sandalfoot 4C3



GULF VIEWS! Steps to beach. Furnished 2 BR, 2 BA top floor unit. Pool, tennis, on site Mgmt. \$669,000

Loggerhead Cay # 463



East End Opportunity.... 2 BR/ 2 BA in this popular gulf front complex... pet friendly, amenities and on site Mgmt.

\$529,000

3728 West Gulf Dr.



Only steps to the beach. This Exceptional 5 BR/5 BA home offers many custom features... including a large pool surrounded by professionally landscaped grounds. \$2,499,000

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- 4 BR, 4.3 BA w/Gorgeous Bay Views
- Luxury Gated Comm. Minutes from Beaches \$2,895,000 MLS 216063867

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- 3 BR, 2 BA Direct Gulf Front Condo • \$103,000 in Rental Income in 2016
- \$1,347,000 MLS 217028833 Cindy Sitton 239.810.4772

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- 3 Levels, Elevator, High-End Appliances
- Virtual Tour: www.655AnchorDr.info \$849,000 MLS 217027910 Radigan Team 239.691.6240

WEST END BEACH HOME



SANIBEL

- Desirable Location, Steps to Beach
- Heated Caged Pool

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- Large 4 Bedroom Floor Plan
- Private Home Feel with Condominium Care \$2,700,000 MLS 216079489

Vicki Panico & Fred Newman 239.980.0088

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- Premier Community at Northern Tip of Captiva
- Fully Furnished & Ready for You to Enjoy \$1,095,000 MLS 216031921

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FORT MYERS

- Virtual Tour: http://royalshell.me/mn1314
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- \$799,000 MLS 216077610 McMurray & Nette 239.281.4435

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FORT MYERS

- Fantastic Location
- Enclosed Screened Pool \$379,000 MLS 217009548 Brian Murty 239.565.1272



SANIBEL

- Gulf Front, Top Floor, West Corner Unit
- Low Density Complex, Only 18 Units \$1,495,000 MLS 217006873

John Nicholson 239.849.3250

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- Panoramic Golf Course Views • Steps to Deeded Beach Access \$929,000 MLS 217007747
- Cindy Sitton 239.810.4772



- 3 BR, 3 BA, Beautiful Lake Views
- Pool Fully Elevated to Living Level \$799,000 MLS 216063180 Andre Arensman 239.233.1414



FORT MYERS

- 3 Bedrooms, 2 Bathrooms
- Tennis, Pool, Fitness Center & More

\$299,000 MLS 217032868 Brian Murty 239.565.1272



CAPTIVA

- 4 BR, 4.5 BA, 20 Feet from the Beach
- Fabulous Rental Income! \$4,900,000 MLS 217000714 Sally Davies 239.691.3319

SEASPRAY - BEACHFRONT



SANIBEL

- 4 BR, 5 BA Home with Majestic Setting
- Western Sunsets & Panoramic Gulf Views \$3,550,000 MLS 217011639 Tracy Walters 239.994.7975

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CAPTIVA

- Short Walk to Gulf & Beach
- Close to Shopping, Dining & Captiva Village \$1,449,000 MLS 216054204

Iohn Nicholson 239.849.3250



- Deep Water Access, 3 BR, 2.5 BA, Pool/Spa • Large Great Room, Expansive Screened Lanai \$895,000 MLS 217027650
- Jason Lomano 239.470.8628 **CROWN COLONY GOLF & CC**

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- Home on Signature Hole! Unbelievable Views \$739,900 MLS 217013217 **Tracy Walters 239.994.7975**



FORT MYERS

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- http://www.listandtour.com/6111lvnb.html
- 10.960 Living S.F. of Mediterranean Excellence
- Unmatached Beauty w/ Spectacular Sea Views
- Built w/Finest Materials & Artisanal Detail
- 700' of Beachfront & Privacy

Price \$22,095,000



SOUTH SEAS RESORT - BEACH-FRONT ESTATE

- http://www.listandtour.com/1121nb.html
- Spectacular Gulf of Mexico Location
- 4 BR, 4 BA w/Pool, All New Interior
- Euro Designed Beach House

Price \$5,999,000



150' OF SANIBEL BEACHFRONT

- http://www.listandtour.com/3547nb.html
- · Beautiful Ranch Style Beach Home
- 4 BR, 4 BA with Beach Side Pool
- Awesome High Ridge Setting on West Gulf
- Panoramic Gulf of Mexico Views

Price \$4,250,000



SANIBEL ISLAND - GULF FRONT

- http://www.listandtour.com/900.html
- Gorgeous remodeled 4 BR Beach House
- Spectacular Panoramic Views of the Gulf of Mexico
- Community Pool & Tennis

Price \$3,495,000



SANIBEL ESTATES

- http://www.listandtour.com/536.html
- 4BD, 4.5BA, Fantastic Pool Area
- Professionally Designed and Finished
- Incredible Panoramic Bay Views Price \$3,495,000



BAYFRONT ESTATE. BUILD DREAM HOME

- Oversized Lot on Sanibel East End
- Cleared Offering Awesome Water Views
- Natural Shoreline w/Sandy Beach to Walk

 Option of Deep Water Dockage for Large Yacht Best of the Best/Last Undeveloped Estate Sized Bayfront Parcel Price \$2.995.000



CAPTIVA ISLAND BAYFRONT COMPOUND

- http://www.listandtour.com/17101.html
- Spectacular Main & Guest House Estate
- Boat Lift & Dock Amazing fishing & natural beauty

Price \$2,995,000



SANIBEL ISLAND - GORGEOUS HOME

- http://www.listandtour.com/1237nb.html
- 5/6 BR Suites, 6.5 BA, Fantastic Pool & Spa
- Elevator, Private Gym, Playroom
- Southern Exposure, Exquisite Detail
- Great Boating Location Dock and Lift Price \$2,180,000



CAPTIVA ISLAND COMPOUND

- http://www.listandtour.com/16537nb.html
- Step Back in Time to "Old Captiva"
- Multiple Dwellings & Parcels w/Beach
- Boat Basin w/Multiple Docks & Lifts Price \$2,000,000



HERON'S LANDING

- http://www.listandtour.com/5402nb.html
- 4 BR, 3 BA within Gated Community
- Fully Remodeled, Offering Beautiful Upgrades • Newer Roof and All Windows w/Auto Storm Shutters
- Great Beach Access w/Community Tennis & Pool Price- \$1,095,000



SANIBEL INN CONDO

- http://www.listandtour.com/937_3512.html
- Beautifully Remodeled 2BD/2BA Gulf View Condo
- Daily Rentals Offering Terrific Rental Income
- Amenities Offering Tennis, Pool, Tiki Bar, Restaurant Price \$649,000



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photos provided

From page 18

Hibiscus Show

be judged in several different classes including amateur, collector, open collector, commercial and seedlings," said Patricia Myers, president of the club.

More than 600 hybrid hibiscus plants will be for sale. Free raffle tickets will be given away every 30 minutes for gift certificates from Baskets by Patricia, Bennett's Coffee, Butterfly Estates, The Clam Bake, Eager Beaver Car Wash, Edison Estates Gift Shop, Edison Ford Estates, Edison Restaurant, Five Guys Burgers & Fries, Florida Repertory Theatre, Fussy Female, Gavin's Ace Hardware, Hooter's, Imaginarium, Jersey Mike's, Messmer Florist, Natalie's Skin Solutions, Oasis Restaurant, Outback Steakhouse, PGA Golf, Pinchers Crab Shack, Salon Nicholas donated by Jane Kolczun, Sandi at Hair Ink Studio, The



Masked Bandit

Spa at La-Te-Da Salon, Snyderman's Shoes, Sun-Fire Nurseries, Talk of the Town Consignment and Wisteria Tea Room.

Sponsors include Craters & Freighters, Driftwood Garden Center, Edison National Bank, Dr. Jacob Goldberger, Greenscapes, Dr. John Kagan, Hooters, Lisa Adams Agency Allstate Insurance, Riverland Nursery, Storm Shutter Warehouse, Donna & Jim Sublett, Tim's Tree Service and Wilford & Lee.

Members of the society who are experts in the care and growing of hibiscus will be available to provide advice. Should members of the public have questions regarding how the blooms are judged, there will also be several senior American Hibiscus Society judges available to respond.

For more information, visit www. hendrychapterahs.com. Araba Shriners is located at 2010 Hanson Street in Fort Myers.☆

From page 20

CROW Calendar

Wild About Rehabilitation, presented by CROW staff (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

Wednesday, June 7, 11 a.m. to **12:30 p.m.**, \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, June 7, 11 a.m., adults \$7, teens \$5, 12 and under no charge - Opossums at CROW (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and

human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Thursday, June 8, 11 a.m. to 12:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour)

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, June 8, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Sea Turtles (daily presentation).

There are seven different species of sea (or marine) turtles, and human activities have tipped the scales against the survival of these reptiles. Most species of sea turtle are classified as endangered, and CROW is the only licensed sea turtle facility between Sarasota and Marathon, Florida. From boat strikes to washback hatchlings, CROW's team members explain why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.☆

Four Offices on Sanibel and Captiva **VOTED BEST OF THE ISLANDS 5 YEARS RUNNING** VIP REALTY GROUP

SHOREWOOD



- 3BR 2BA Corner Unit
- Beautiful Gulf Views
- Wide Open Floorplan
- Updated Kitchen & Baths
- \$999,000 (2170426)

James & Penny Hetmanek 472-5187 x 219

BEAUTIFUL LAKE VIEWS



- 3BR/2BA Ground Floor/Corner Unit w/2-Car Garage
- Granite Counter Tops, Open Floor Plan
- Quietly Overlooking Lake
- Close to Beaches, Shops, Airports & Restaurants
- \$269,950 (2170435)

Connie Walters 472-5187 x 229

WATERSIDE AT BAY BEACH



- 2BD/2BA + den unit professionally decorated
- Center stage Bay views from 6th floor
- Hardwood floors, large lanai off MB & LR
- Gated, pier, pool, tennis, BBQ grills, beach access
- \$599,000 (2170147)

Robert Cronin 472-5187 x 225

NATURE IS CALLING



- Spacious 3/2 Olde Florida style home
- Gourmet kitchen open to living/dining
- Over looks Sanibel River / nature preserve
- · Screened porches and fenced yard
- \$689,900 (2160444)

Cathy & Fred Gerasin 472-5187 x 236/232



- Charming 3BR/2BA ground level home
- New plumbing, fixtures and wiring
- · Large lanai, plantation shutters, heated pool
- · Short walk to the Gulf, ideal location
- \$1,295,000 (2170310)

Robin Humphrey/Martha Smith 472-5187 x 218/241

DIRECT GULF ACCESS



- · 4BR/3.5BA, East end canal home
- Fireplace, pool, vaulted ceilings
- · Water views from almost all rooms
- · Borders conservation land
- \$1,680,000 (2160968)

David Schuldenfrei 472-5187 x 250

RIVERSIDE ESTATE W/40' SLIP



- Direct river views
- 3 bedroom, 2.5 baths
- 2 fireplaces/2 laundry rooms
- Gated community
- \$ 1,249,999 (2140783) Judie Anderson 472-5187 x 265

STUNNING ISLAND BEACH CLUB

- · Steps to Sanibel's amazing beach and shelling
- Two Bedrooms Two Bathrooms
- Great Rental Income, Resort-Like Amenities • Fully Furnished and Ready to Move In
- \$659,000 (2170505)

Joel Goodman 472-5187 x 224

MUST SEE LAKE FRONT HOME



- Nicely updated 2-BR/2-BA piling home
- · Sunset views over lake, kayak & fishing
- Tile and wood floors, wrap around deck
- Huge 4-car garage, large lot with trees
- \$546,000 (2170308)

Lynda Traverso 472-5187 x 226

LIVING ON THE BAYOU



- · Oversized lot, room for large home & pool
- Just steps away from Bowman's Beach
- Southern exposure, views of fresh water bayou
- On Bowen Bayou Road near beach access • \$259,000 (2160506)

Charles Sobczak 472-5187 x 255

THE SKY IS NOT THE LIMIT



- · Limitless view of the sparking Bay & Gulf
- Spacious, corner 3BD/Den/3BA w/ 2400 sq ft
- Private elevator entry opening to condo
- 5-Star Amenities resort style pool & 6000 sq ft club • \$675,000 (2170013)

Ted Benjamin 472-5187 x 247

NATURE AT ITS BEST



- Spacious 2 bedroom 2 1/2 bath condominium
- Oversized pool, 2 Tennis Courts, Canoes/Kayaks
- Open concept, updated kitchen, 2 screened lanais
- · Does well with rentals
- \$515,000 (2160716)

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Fish Caught



Jake Adams and his uncle Will Castle with the tarpon photo provided

immy and Jonatha Castle, residents of Sanibel, had their annual Memorial Day weekend fishing trip.

Jake Adams, their 10-year-old grandson from Houston, Texas, was fishing with his dad, two grandfathers, uncles and family friends. He had a grand slam day, catching his first tarpon, trout, snook and redfish. He also he hugged a nurse shark. Jake did it all in one dav and all by himself. He can't wait for next year's trip.☆

Fish Caught



Tillman Tondra

photo provided

illman Tondra, 6, from Sherman, Connecticut, along with his father Capt. J. Tondra, caught a large sea trout recently. The trout was released from the beach on the west end of the island. Tillman was visiting his grandparents on Sanibel.

The fishermen would like to thank Whitney's Bait & Tackle. \A

Read us online at



photo by Christine Matthews

April Photo Contest Winner

he winner of RS Walsh Landscaping's April photo contest is Christine Matthews. The theme of the April contest was On The Beach. Submitted photos were posted on the RS Walsh In The Garden Facebook page and at the company's Sanibel garden center.

Visitors to the Facebook page and the garden center were able to vote on their favorites. Matthews' photo of birds taking off near Sanibel Arms West received the most votes. She will receive a \$50 gift certificate to In The Garden. Honorable Mentions go to Laurie Metzger, Lynn Russell, Juanita Spanogle and Elliot

The photo contest will resume in December. For more information call 395-5859 or visit www.rswalsh.com.☆

IslandSunNews.com

From page 21

Cycling Journey

the Rocky Mountains."

Last week, Harvey spent several days visiting his sister, Lillian Bradley, on Sanibel before returning to England. He hopes that next year he'll take part in another long distance bike trip, traveling between Vancouver, Canada and Mexico.

"It sounds like a rugged and rewarding journey," Harvey explained. "I truly enjoy the beauty of this country and the generosity of strangers I've met along

the way. It never ceases to amaze me that people will open their homes and be so hospitable. I've seen America at its best, which is something everybody here should be proud of."

Before heading home, Harvey planned on taking advantage of the islands' bike-friendly path system.

"Sanibel is nice and flat, which suits a lot of people who enjoy biking," he added. "The routes and the facilities are a great asset to the community. Biking is a wonderful way to stay fit and healthy. There's no excuse for anybody not to get out on a bike and enjoy themselves."



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Restaurant Earns Top 10 Ranking

weet Melissa's Café on Sanibel has been named as one of the top 10 restaurants in South Florida, according to USA Today.

Landing at number five on the list of the Best Restaurants in South Florida, USA Today touts the restaurant's creative menu that features fresh, local produce, seafood, beef and everything in between.

Executive Chef Melissa Talmage said, "I am so proud of our entire team. It truly is a group effort to create an



Executive Chef Melissa Talmage

photo provided

unforgettable culinary experience every single day, and we all are honored to be placed among the ranks of South Florida's great chefs and restaurants.

"I believe our success can be attributed to our unique approach to the traditional dining experience. I want all of our guests to feel like I'm coming to their house for that night and that I'm cooking just for them, in a laid back, fun, relaxed atmosphere," Talmage added.☆

Superior Interiors

Creative Combinations



by Marcia Feeney

f you've ever had the task of combining furnishings from two different households, you know the difficulties this dilemma can present. Whether it's a blended family, a new marriage, or even new

housemates, people often bring with them a whole house of furnishings. Mixing all of these often diverse elements from two different styles of decor can be challenging. So here are a few tips to help you get

First, take a careful inventory of all pieces. Include not only the large items, such as furniture, but also items such as area rugs, lamps, pictures and even accessories that you may want to incorporate into your new decorating plan.

Once your list is complete, go through it carefully and check off the items you definitely want to keep. Your final list may include antiques, high quality furnishings, and items of sentimental value. It could even include that comfortable old chair that you've enjoyed many hours sitting in with a good book in hand.

So, what do you do if the items you wish to keep don't blend or match with your new homes' existing décor? Take heart! The eclectic look has been officially "in" for years now. Gone are the days when every single piece of furniture has to

However, there truly is a difference between not matching and not coordinating. In fact synonyms for eclectic include: discriminating, particular and selective. So, if a piece does not belong get rid of it. The classifieds, eBay, or even a furniture consignment shop might even help bring you some extra cash for more

And, if that comfortable, worn out chair can't be parted with, why not consider reupholstering or refinishing it? Finishing touches can do wonders to unite a mixture of furnishings. Look for common elements in your pieces – perhaps a color or texture that catches the eye. Sometimes even something as simply as a decorative pillow in a patterned fabric that picks up colors from a couple of blended pieces will help to unify the room.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be

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The Third Rail



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

recently visited New York, Boston and Chicago, and in each location I used public transportation to move about, including the subway and light rail systems. Like many, I enjoy the convenience of subways as a cost-effective way to get to where I'm going without the hassle of finding a parking space or dealing with traffic.

As one stands on the platform waiting for the train, one notices signs warning not to jump down onto the tracks or to come into contact with the "third rail" which is a reference to the high voltage conductor used to power the system. Coming into contact with the third rail could result in death.

The third rail analogy also applies to politics, warning politicians not to tinker too much with entitlement programs like social security and Medicare or they run the risk of putting an end to their political career.

With all of the uncertainty surrounding the estate tax, many delay completing their estate planning for fear that the plan will become outdated in short order. Unfortunately, putting off plans because of tax law uncertainty is like playing with the subway's third rail.

A client I'll refer to as "Allen" visited with me not too long ago, but decided against pursuing his estate plan because "the laws are too uncertain at this point." I've been practicing estate planning law since 1989 and can tell you that there's never been a time in those 28 years that the laws weren't uncertain. Yes, they may be somewhat stable for a year or two (or even three), but that's about the end of the shelf-life given the American political system and climate.

The mistake is that many let the "tax tail wag the dog." In other words, they make plans based on the tax outcome rather than on the economic or family dynamic outcome desired. Certainly the tax effect of any plan should be considered. My point is that the attorney and client should first discuss what the client's overarching goals are

Is the primary goal to provide for your surviving spouse no matter how much he consumes the estate for his retirement and eventual end-of-life care? Or is the goal to preserve that Captiva cottage for future generations? Do you expect to withdraw the entire IRA balance over the course of your lifetime or would you like it to eventually fund your grandchildren's college educations? Do you hope to provide an endowment to your church, alma mater or for research against dreaded diseases? Are you fearful that leaving too much to your children could deflate their ambition or instill an entitlement attitude?

All of these and more are excellent questions to begin an estate planning discussion.

Once you have answered these questions, then it makes sense to look for the most economic, financial and tax advantageous method to accomplish these goals.

Take, for example, traditional IR $\bar{\text{A}}$ and 401(k) plans. As everyone realizes, withdrawals from those plans results in taxable income to the recipient. When considering the bundles of assets that a client possesses and to whom they wish to leave bequests, it makes sense to satisfy charitable bequests with amounts that would otherwise be taxable. This is how a good estate planning attorney can use the tax law to maximize the inheritance for all

When you consider that all the variables may change not only with the tax law - but also with your own economic circumstances – then you realize that it's possible to create a plan that satisfies your intent and can be adjusted as warranted.

Waiting until the tax law settles down to finalize an estate plan is akin to dancing on the third rail. If you should fall ill or pass away before your plans are finalized, that's the real tragedy. Unfortunately, Allen's family learned that the hard way. We had drafts of his trust sitting in our office when he passed away.

Don't let that happen to you.
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New Vacation Rental Company

anibel Captiva Beach Resorts, LLC has introduced the new 'Tween Waters Island Vacation Rentals. Specializing in high-end vacation homes and condominiums on Captiva and Sanibel, 'Tween Waters Island Vacation Rentals officially launched on May 9.

Tween Waters Island Vacation Rentals is an extension of the legendary 'Tween Waters Inn Island Resort & Spa of Captiva, rated Captiva's top resort on TripAdvisor.com. The new 'Tween Waters Island Vacation Rentals will enhance visitor experiences to Southwest Florida via the parent corporation's history of hospitality excellence that was founded in 1931.

'There's always a demand for highest

quality Captiva and Sanibel vacation rental homes and condos among a certain market group," said Doug Babcock, chief operating officer of Sanibel Captiva Beach Resorts. "Larger families with children, family reunions, wedding parties and others who enjoy the more private and independent advantages of vacation rentals can now access a variety of rental options that include the legendary 'Tween Waters reputation for quality and excellence.'

Among those advantages are discounts to various Sanibel Captiva Beach Resorts restaurants and recreational options.

Babcock noted that vacation rental homeowners will benefit as well from branding, marketing and concierge

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Front from left, Julie Smith, Sanibel Siesta and Dru Doyle, Ocean's Reach; back from left, Jim Winn, The Atrium, Sonja Smith Suitor, retiring CASI executive director, Kristin Ritts, incoming CASI executive director, and Linda Naton, Somerset photo provided

CASI Executive **Director Named**

ristin Ritts of Sanibel has been named executive director of the Condominium Associations of Sanibel, Inc. (CASI) to succeed Sonja Smith Suitor, who is retiring from the position on May 31 after 22 years.

The CASI Board of Directors, led by island realtor Linda Naton, president, said, "We are excited at the new possibilities Kris brings to CASI. She is a well-regarded island resident with solid community and property owners' association experience as she becomes CASI's next executive director. Kris will be a key asset with our board, and serve as CASI's liaison and advocate with our island condominium owners and property managers as well as with the Sanibel City Council, planning commission, chamber of commerce, and the Lee County Visitor and Convention Bureau."

Naton praised the fine work and professionalism of Sonja Smith Suitor, adding, "We have been able to substantially advance property rights for condominium owners during Sonja's leadership with CASI. Her extensive background in condominium law, property management and experience as a master gardener all have contributed to CASI's growth

and effectiveness. She has been an energetic and proven liaison within our island business, resort and residential communities. Her gift of friendship with so many will be missed. Our island association has benefitted quite substantively over the years from her service. We wish her well with her new adventures, traveling and having more time with her family."

Ritts has been a Sanibel homeowner since 1997 and a full-time island resident since 2003. As a past president of the Gumbo Limbo Property Owners Association, she worked with attorneys and her board during an multi-year period of challenging transition, giving her community association experience that will be important in the CASI position. She continues to be active in that association.

Ritts is a past president and member of the Zonta Club of Sanibel-Captiva and a former board member and officer of BIG ARTS. She has been interested community service through her years with Zonta and its community grant partners. As a healthcare administrator, she has worked locally with the United Way of Lee, Hendry and Glades counties, in the Twin Cities of Minnesota, and in her former hometown of Rochester, Minnesota where she and her late husband, Dr. Roy E. Ritts, were with the Mayo Clinic. 袋

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Administrator Honored

andi Corace received the RE/MAX Administrator of the Year Award for 2016 out of 288 Florida RE/MAX offices. She, along with her son Dustyn and her husband Art, are co-owners of RE/MAX of the Islands. Sandi, Dustyn, Art and Rvan Block are owners of their vacation rental company.

Sandi and I bought the RE/MAX franchise about 23 years ago from the original franchisee," said Art Corace. "About two months after purchasing it, the office manager gave her two-week notice because she had to move out of state. I came home and told Sandi and she said. 'I'll come in and answer the phones and help out until we can find a replacement.' The rest is history."

'This recognition is long overdue for my mom," said Dustyn Corace. "She does a



Sandi Corace receiving her award from her son,

lot more than pay the bills, handle the bookkeeping, hire and train staff to assist our sales associates. She also helps Ryan by performing several functions for our vacation rental company. She is the heart and soul for everything we do here."

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James Or Jordan - Who's Best?



by Ed Frank

s LeBron James and his Cleveland Cavaliers head back to the National Basketball Association Finals for the Athird consecutive year, the question again surfaces: Has LeBron surpassed Michael Jordan as the greatest to play the game?

It's the subject dominating talk radio, television and other national media. And the question won't be answered regardless of the outcome of the NBA finals between the Cavaliers and the Golden State Warriors, two teams meeting in the third straight NBA Finals.

Here are a few facts to consider:

Jordan has six NBA titles on his resume compared to James' three (seeking his fourth this year).

Jordan leads with five MVP awards to four for James.

To counter these impressive facts favoring Jordon, consider LeBron's recordsetting performance in Game 5 of the Eastern Conference Finals last week when his Cavaliers pummeled the Boston Celtics, 135-102, to advance once again to

His 35 points that night set an all-time NBA postseason record of 5,995 compared to Jordan's 5,987. And he set this record in his 125th postseason game while Jordan's total was over a span of 179 games.

LeBron admitted prior to that game that it "was a goal of mine" to surpass Jordan as the all-time postseason scoring leader.

But that doesn't mean the Jordan versus James debate will abate.

Entering the discussion recently was Hall of Famer Scottie Pippen, who was Jordan's scoring mate during those six Chicago NBA titles in the 1990s.

In an interview for CBS Sports, Pippen said the two basketball greats really shouldn't be compared as Jordan was a different type of player compared to James. He said the same is true when comparing James to the great Kobe Bryant who is number 4 in postseason scoring.

Pippen explained that both Jordan and Bryant were scoring guards. They both wanted to score the basketball when it hit their hands. They were not looking to make or set up plays for others on the floor. "They were not looking to be facilitators," Pippen said.

"That's the role LeBron plays because he such a dominant and powerful force, and he's a great passer," Pippen added. "He (James) is the guy that runs a team while Jordan, when he crossed half court, felt his role was to score.'

Pippen feels comparing James with Magic Johnson rather than Jordan is a

better comparison, although James' physicality and athleticism surpass Magic. And so the James versus Jordan debate will rage on most likely for years as there's no real answer.

What is certain, however, they are two of the greatest ever to play the game. There's no debate about that statement.

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photo provided

Ballpark To Give Miracle Spinners

ort Myers Miracle fidget spinners, presented by CenturyLink, will be given away to the first 500 kids age 12 and younger on Thursday, June 15 when the team takes on the Charlotte Stone Crabs, Advanced-A affiliate of the Tampa Bay Rays. Gates open at 6 p.m. with the first pitch at 7:05 p.m.

Fidget spinners were originally designed to relieve stress and used mostly by children with autism or attention disorders

to help them focus. This spring, the toy became widely popular among both children and adults. Fidget spinners have also made their way into schools across the

'Nothing embodies fun more than fidget spinners and the Fort Myers Miracle," said Miracle General Manager Andrew Seymour. "Do not miss out on the fun and make sure to be one of the first 500 kids to get to Hammond Stadium. It should be a great night, and we'll see you at the ballpark.

These entertaining gadgets can typically be found at convenience stores as opposed to major toy retailers, but lately fidget spinners are in such high demand that stores are struggling to keep them on the shelves.

Besides receiving a Miracle fidget spinner, the first 500 fans in the ballpark will get the first of two 2017 Miracle team photos. In addition, the Miracle players and staff will be in the concourse to sign autographs prior to the start of the game. It is also Thirsty Thursday at Hammond Stadium where all fans, 21 and over, get half price domestic draft beer, and the third of six Bark in the Park nights. Bring your furry friend to the ballpark for free.

To stay up to date on all promotional nights or to get tickets, visit www. Miraclebaseball.com. For more information regarding the 25th Anniversary Season, call the Miracle offices at 768-4210.☼

SCCF Sea Turtle Nesting Statistics

nother great week of nesting was reported, and SCCF is now monitoring 98 nests on Sanibel and 41 nests on Captiva. Each zone on the east end now has at least one nest.

Unfortunately, there were impacts felt by the recent storm. A total of six nests on Sanibel were affected due to the strong storm surge over the past few days. There were several partial losses on Captiva but no complete washouts. Given the extent of the storm surge, the nests fared very well.

The research team has has now encountered 37 loggerheads on the beach, while one turtle has been seen twice already this year.

As of May 26, 2017

Sanibel East: 26 loggerhead nests, 44 loggerhead false crawls* Sanibel West: 72 loggerhead nests, 113 loggerhead false crawls Captiva: 41 loggerhead nests, 20 loggerhead false crawls

As of May 26, 2016

Sanibel East: 14 loggerhead nests, 47 loggerhead false crawls Sanibel West: 47 loggerhead nests, 76 loggerhead false crawls Captiva: 21 loggerhead nests, 27 loggerhead false crawls *false crawl - a failed nesting attempt

If you have questions, or would like to know more about nesting statistics on Sanibel, contact seaturtle@sccf.org or call SCCF at 472-2329.

SPORTS QUIZ

- 1. How many skippers of the New York Mets have managed the team more than five years?
- 2. Name the last person to manage the Chicago White Sox for at least 10 seasons.
- 3. In the 2015 season, Alabama became the second team in the poll era (starting in 1936) to win four national football championships in seven years. Which was the first school to do it?
- 4. Who was the first NBA player to record more than 1,000 assists in a season?
- 5. In 2017, Florida's Jaromir Jagr set an NHL record for most points tallied after turning 40 vears old. Who had held the mark?
- 6. How old was Dale Earnhardt when he won his seventh NASCAR Cup championship?
- 7. Name the last time before 2017 that tennis player Venus Williams reached the singles final at the Australian Open.

ANSWERS

1994. 7. It was 2003.

Kevin Porter, in the 1978-79 season. 5. Gordie Howe, with 267 points. 6. He was 43 years old in 1. Terry Collins (2011-present), Bobby Valentine (1996-2002) and Davey Johnson (1984-1990).
2. Jimmy Dykes, 1934-46.
3. Notre Dame won four titles between 1943 and 1949.
4. Detroit's

From page 1

Hurricanes

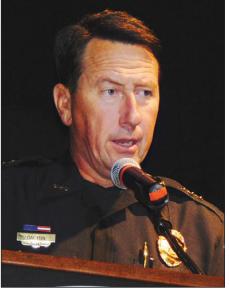
complications involved with evacuating a barrier island. According to Donald Lewis, vice president of ATKINS at the 2017 National Hurricane Conference, Southwest Florida is the most difficult region in the United States – ahead of the Tampa Bay area, Delmarva Peninsula (Delaware, Maryland and Virginia) and the New York/New Jersey metropolitan area – to evacuate.

"Best case scenario, it would take me about three and a half days to evacuate Lee County," said Bjostad, who suggested that after June 1, people should fill their vehicle's tank with gas and never let it ever get below half a tank. He also noted the importance of microchipping their pets.

And while the upcoming hurricane season is not expected to be busier than normal, Bjostad insisted that people heed the warnings issued by members of the media and local officials. "Make an evacuation plan and be ready to go," he added.

For more information on disaster planning, visit www.leeeoc.com.

Other participants at last week's seminar, which was conducted by Sanibel Chief of Police Lt. William Dalton, included



Chief of Police William Dalton

photo by Jeff Lysiak

Lt. Elizabeth Buikema of the Sanibel Police Department, Mike Scott of the Sanibel Fire & Rescue District, Harold Law of the city's building department and Maggie Goldsmith from FISH of SanCap.

"We just want to make sure that everybody's safe," said Buikema, who

Atlantic hurricane names in 2017

ARI FNF BRET LEE MARIA CINDY DON NATE **OPHELIA EMILY PHILIPPE** FRANKLIN RINA **GERT** HARVEY SEAN TAMMY IRMA JOSE VINCE WHITNEY KATIA



image courtesy NOAA

talked about preparing for evacuations, the roles of local officials before, during and after a hurricane, and the procedures for returning residents to the island. She explained the process of filling out a Hurricane Hangtag Re-entry Pass. The hangtags issued in 2016 will also be valid for the upcoming season; to apply for one, go to www.mysanibel.com or visit Sanibel City Hall, 900 Dunlop Road, and fill out a

"Just like snowflakes, no two hurricanes are exactly alike," Buikema added. "The more you all prepare, the easier it will be for us when we come back to the island."

form at the Sanibel Police Department.

Law talked about the importance of flood insurance, storm-proofing roofs, doors, windows and shutters, and the city's structural assessment teams which will evaluate both residential and commercial buildings following a hurricane.

"Remember, when we say you need to evacuate," said Law.

Goldsmith shared details of the FISH Hurricane Preparedness program along with a packet filled with information on where to go, what to do and how to prepare, in the event of an approaching storm. The packets are available, free of charge, at the FISH Walk-In Center, located at 2430-B Periwinkle Way, Monday through Friday from 10 a.m. to 4 p.m. Home visits may be arranged for those who would like more detailed discussion on how to prepare.

For additional information on the FISH Hurricane Preparedness program, call Maggie Goldsmith at 472-4775.

Emergency Supply Checklist

- Drinking water (one gallon per day, per person for a minimum of three days)
- Three-day supply of non-perishable food
- Manual can opener
- Medications and a list of prescription name, dosage, frequency and doctor contact information
- Cooler with an ice pack (if medications need to be refrigerated)
- First aid kit
- Flashlight with fresh batteries (and extra batteries)
- Portable, battery-powered radio (preferably NOAA weather radio)
- Warm clothing and blankets
- Lighter/waterproof matches
- Cash and coins (ATMs and cash dispensing machines may not work due to electrical failures or no cash available)
- Personal hygiene items (i.e. hand sanitizer, toothbrush and toothpaste, denture care products, moist towelettes, toilet paper, feminine hygiene products, etc.)
- Basic tool kit (hammer, wrenches, screwdrivers, pliers, etc.)
- Whistle (to signal for help)
- Pet food, pet supplies and medical paperwork (i.e. vaccination records)





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Virologists Study: Zika Invaded Florida In 2016

new study led by an international group of scientists, including five from Florida Gulf Coast University (FGCU), sheds light on how the Zika virus entered and circulated in Florida in 2016 and might do so again this year.

The Zika virus outbreak in Florida wasn't a single virus introduction but rather at least four separate introductions that each led to local chains of transmission, according to research conducted by the scientists, including co-leaders Dr. Sharon

Isern and Dr. Scott Michael of FGCU.

The virologists' findings were published May 24 in the journal Nature (full article at www.nature.com/articles/10.1038/ nature22400) just as mosquito season gets under way. Two other papers that further describe Zika transmission in the Americas, one of which is also co-authored by Isern and Michael, is published in the same issue of the journal.

Isern and Michael are experts in virology, having studied Florida outbreaks of the related dengue virus in Key West in 2009-10 and Port St. Lucie in 2013.

We realized that our longstanding collaborations with the Miami-Dade Mosquito Control District and the Tampa Department of Health Laboratory would provide critical samples to track and

understand this major outbreak of Zika virus," Isern said.

They quickly reached out to other experts, including Dr. Kristian Andersen of the Scripps Research Institute in La Jolla, California and Dr. Pardis Sabeti at Broad Institute in Cambridge, Massachusetts.

The expertise of Drs. Sabeti and Andersen in sequencing and genomic analysis were critical to this multi-group effort," Michael said.

Three recent FGCU graduates -Amanda Tan, Lauren Paul and Carolyn Barcellona – also took part and are authors on both papers.

Zika virus causes fevers, rash, headache, joint and muscle pain. It has also been linked to birth defects in some babies born to infected mothers, and can cause microcephaly, in which babies are born with underdeveloped heads and brain

By studying the sequences of genomes - the complete blueprint of inheritable traits - from Zika viruses found in humans and mosquitoes, the researchers were able to show how individual viruses were related, similar to how DNA ancestry is used to discover family relationships in humans.

They discovered that instead of a single introduction sparking the outbreak in Florida, at least four distinct viral lineages became established and circulated in the state. Three spread through the Caribbean islands before reaching Florida while one spread through Central America, showing that Florida has been invaded multiple times and that more than one strain often circulated in a single area.

Florida is a likely location for Zika outbreaks, said Isern, because of the abundance of Aedes aegypti mosquitoes, which carry the virus, the climate and the fact that many people from the Miami area travel to countries in which the viruses are established.

The study's main findings include:

- At least four distinct Zika virus introductions contributed to the Florida outbreak.
- Local transmission in Florida likely started in spring 2016 well before the first local case was confirmed.
- Most Florida introductions are linked to the Caribbean.

Based on their findings, Isern and Michael believe that a similar transmission pattern is likely to emerge this year with multiple Zika virus lineages becoming established in the local mosquito population by infected people who have traveled in places where Zika is endemic. They expect to be able to determine where the viruses are originating and to compare the 2017 strains to those from 2016 to determine whether new introductions occurred or if those brought in during 2016 survived the winter and became established in Florida.

The research also indicated that mosquito control efforts in areas in which Zika virus was detected helped limit the spread of the disease. The scientists are hopeful that understanding what happened last year will help control efforts in 2017.

In addition to the FGCU scientists, the Florida study involved more than 60 researchers from 20 institutions, including the Scripps Research Institute; the Broad Institute of MIT and Harvard; the U.S. Army Medical Research Institute of Infectious Diseases, whose researchers were co-leaders with Isern and Michael; the University of Oxford; the Fred Hutchinson Cancer Research Center; and the Florida Department of Health, among

For more information, contact Dr. Isern at sisern@fgcu.edu or 590-7438 or Dr. Michael at smichael@fgcu.edu or 590-7439.

To see the other Nature journal articles, go to: "Zika virus evolution and spread in the Americas," http://nature.com/articles/doi:10.1038/nature22402; and "Establishment and cryptic transmission of Zika virus in Brazil and the Americas," http://nature.com/articles/ doi:10.1038/nature22401.

Celebrate the 27th Annual Independence Day Parade Tuesday, July 4, 2017 9:30 a.m. Preserving the Red, White and Blue Presented by:







Entry Fee: Commercial \$30.00 Non-Commercial \$15.00 Each Entry Fee is for a Maximum of 3 Vehicles

Please Make Checks Payable to: 4th of July Parade Account

Mail/Drop Off: Bank of the Islands, 1699 Periwinkle Way, Sanibel Island, FL 33957

♦♦♦ Additional Information??? Contact Trish Phillips at 239-246-2981

♦♦♦ Mandatory Parade Participant Meeting on Friday, June 30, at Bank of the Islands (10:00 am or 5:00 pm)



Make Sure to Pick Up Your 2017 Parade T-Shirts at Bank of the Islands



2017 Parade Categories

Best Float - Commercial Best Float - Not-for-profit Best Float - Family Best Float - Small Entry Best Salute to the U.S. Military Most Patriotic **Best Nature Theme Best Music** Best Original Design

Entries must be returned (with payment) BEFORE Monday, June 26, 2017

Register Early for Best Starting Position in Parade! Registration Date is the First Determining Factor in Entry Positioning

Parade Entry Form	Return with Check	"No water to be sprayed by parade participants"
Name of Business or Organ	nization:	
Contact Person:		
Mailing Address (required)	l	
Daytime Telephone Numb	er (required):	
Number of Participants:		sic 77 Music 77 Music 77 Music 77 Music
Live? (Yes) or (No) _	Boombo	ox or Amplifier? (Yes) or (No)
Other?		-
Physical Description of Floo	at (Ex: P/U Truck w/8'	trailer, Bicycles, golf cart, walking):
Name Email & Phone # of	Person Attend	ing Meeting on 6/30:
A A CONTRACT OF THE CONTRACT O		

Line up the Day of the Parade will be between 8:00 am and 8:30 am on Island Inn Road (Entries arriving after 8:45 am will be placed at the end of the Parade line up)

connection will not be considered.

Zonta Accepting Applications For 2018 Grants

submitted by Sue Denham

he Zonta Foundation of Southwest Florida, the non-profit arm of the Zonta Club of Sanibel-Captiva, is accepting preliminary applications from 501(c)3 organizations in Lee County for the grant cycle that begins in the fall, with distribution of grants in early 2018. These funds were raised during the most recent home tour fundraiser, A Peek at the Unique.

The mission of Zonta is to empower women and girls through service, advocacy and funding. To this end, the club and foundation focus on education, economic self-sufficiency, safety and health for women and girls.

Grants co-chair Janine Boardman said, "We are looking for grant applications that are on mission, in other words, that focus on one or more of



Receiving their 2017 grant check from Zonta champion Kathleen Skubikowski, left, are Joan Willoughby, center, and Eluna Nida of the Dr. Ella Piper Center in Fort Myers. The grant helped fund a "foster grandparents" program that provides mentoring for young women.

these aspects of empowering women. They also need to be specific, with measureable outcomes.

Organizations that have previously received grants from Zonta are encouraged to submit innovative projects

that expand upon the results of prior projects or that introduce new initiatives. Collaborative projects from two or more 501(c)3 organizations are also welcome. Since Zonta is non-sectarian, applications from organizations with a faith-based

For preliminary applications that meet these criteria, final, detailed applications will be distributed at the beginning of October, with a submission deadline

of October 27. An innovative project proposed by one or more established organizations could garner larger

The deadline for preliminary applications is Friday, July 28. To download an application, visit www. zontasancap.com and find the link on the homepage for "Preliminary Application." Email the completed application to info@ zontasancap.com.

For additional information, contact grants committee chairs Janine Boardman at ianinesanibel@vahoo.com or Diane Chesley at dhchesley@gmail.

The Zonta Club of Sanibel-Captiva is a service organization of professional women working together to provide hands-on assistance, advocacy and funds to empower women and girls on the islands, in Lee County and around the world through Zonta International.

Summer Reading Program Kick-Off Party Is Saturday

t 10 a.m. on Saturday, June 3, the Sanibel Public Library will be having its annual Summer Reading Kick-Off Party. Youngsters up to age 18 may sign up. There will be games, crafts and snacks for everyone.

By signing up for the Summer Reading Program, kids will receive a special gift (quantities are limited).

'As in years past, kids can 'Build A Better World' by earning books for their home library and for patients at Golisano Children's Hospital," said Youth Services Librarian Deanna Evans.

This year, there are two ways to sign-up to log reading time and activities. You can track your reading on paper or online.

Families can register now via Beanstack on the children's page at www.sanlib.org.

The Summer Reading program runs from June 3 to July 29, with special events held on Tuesday afternoons. The public is invited to these library programs. There is no additional cost to participate.

Sanibel Public Library has embarked on the first phase of the Your Library Reimagined project. The building was closed to the public from May 29 through June 2 while the interior was being prepared for the project. The library will reopen Saturday, June 3 from 9 a.m. until $1\ \mathrm{p.m.}$ The facility is being reconfigured in

order to continue providing library services during remodeling. During the summer, a portion of the building will be closed to the public while the infrastructure is updated. The library will provide service through most of the renovation period, but will occasionally have to close for a day or two

when there is utility or plumbing work.

The project has been carefully planned to minimize impacts to library services, however all library services might not be available at all times. Updates to the project will be announced in local newspapers, on the library's website, and through social media.

For more information about the Sanibel Public Library, call 472-2483 or visit www. sanlib.org.☆

American Legion Post 123

merican Legion Post 123 will serve chicken fried steak from 1 to 8 p.m. on Sunday, June 4. The following Sunday, June 11, barbecued ribs and chicken will be on the menu.

There will be a flag retiring ceremony

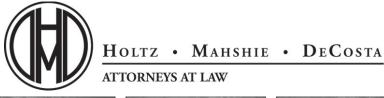
at 6 p.m. on Flag Day, Wednesday, June 14. If you have a flag that needs to be

retired, drop it off at Post 123. Every Monday, 9-ball pool tournaments are played. New and returning players are welcome. On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The Ladies Auxiliary has cookbooks available.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome.

For more information, call 472-





JASON HOLTZ



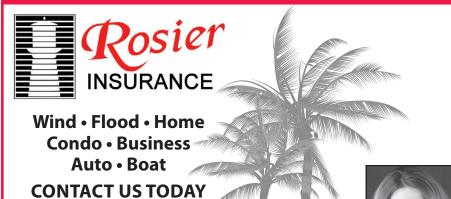
Elias Mahshie



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Angela Larson Roehl alarson@rosierinsurance.com

FISH Hurricane **Preparedness** Program

submitted by FISH of SanCap

It's hard to believe, but hurricane season is here again. Although the last several seasons have been quiet, the 2017 season should not be taken lightly. Hurricanes are not an "out of sight, out of mind" scenario. Each and every one should prepare annually by making an evacuation plan, gathering emergency supplies, and creating lists of contacts and medicine.

The FISH Hurricane Preparedness

program helps the community by providing a detailed resource packet full of information on where to go, what to do, and how to prepare, in the event of an approaching storm. The program is a collaborative effort between FISH, City of Sanibel officials and emergency management teams to assist with the safety of our neighbors. Each year, FISH and a team of volunteers verify evacuation routes, flood zones and hotels with generators to update their resource packet. Packets are available by the end of May at the FISH Walk-In

"The purpose of our program is two-fold," said committee chair Sharon Thomas. "First and foremost, we want to make sure everyone in the

community has reliable information on hand in case we get a storm. Just knowing what to pack and where to go can help alleviate stress and confusion during an emergency situation."

"Additionally, FISH maintains a list of those most vulnerable such as our elderly, those with health and medical conditions, and those who are alone,' said Maggie Goldsmith, committee co-chair. "This list – our Active List - contains detailed information about health conditions, out-of-state contacts, and the individual's emergency plan. We share this, with the individual's consent, with Sanibel Police Department, Sanibel and Captiva fire departments, Lee County Sheriff, Community Housing Resources, Lee

County Emergency Management, Lee County Shelter and Special Needs, and out-of-state family members, so that everyone is in the know, should a storm become a concern for our area.

The FISH Hurricane Preparedness program is not only valuable to residents, but also to their families. Should a storm approach, committee members will gather at FISH to reach out to those on the Active List to confirm their emergency plans and to make sure they are safe. FISH will relay this information to out-of-state relatives, giving them peace of mind that their loved ones are prepared. Should the islands be evacuated, FISH will, to the extent possible, keep track of those on their Active List until their return after the storm.

FISH Hurricane Resource Packets are available at the Walk-In Center, located at 2430-B Periwinkle Way, Monday through Friday from 10 a.m. to 4 p.m. Home visits may be arranged for those who would like more detailed discussion on how to prepare.

If you, or someone you know, would like additional information on the FISH Hurricane Preparedness program, call Maggie Goldsmith at 472-4775.☼

Free Autism Screening

olisano Children's Hospital of Southwest Florida, in partnership With Ronald McDonald House Charities of Southwest Florida, will offer a free monthly autism spectrum disorder screening for toddlers age 18 months to age 5 on Friday, June 9 from 9:30 a.m. to 2 p.m. The screening will be held on the Ronald McDonald Care Mobile at the Family Health Center, 2256 Heitman Street, in Fort Myers.

It is estimated that one in every 68 children is diagnosed with some form of autism spectrum disorder, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make an immense difference not just in the development of the child but in their families as well.

The ASD screening is conducted by the Golisano Children's Hospital of Southwest Florida and administered by an advanced registered nurse practitioner, who has extensive training and experience in typical child development and developmental

A physician referral is not required. To schedule a screening, call 343-6838.☆

> Read us online at IslandSunNews.com



Sanibel • Captiva



The Sanibel Captiva Optimist Club 2017 Official Entry Form

For an early start time, preregister and mail this form along with entry fee of \$40.00 to:
Sanibel Captiva Optimist Club

P.O. Box 1370 Sanibel, Florida 33957

Additional Info (area code 239) Randy @ 699-8739 or Richard @ 292-4631 Dani @ 472-0836

on-line @ www.sancapoptimist.org Contact - e-mail Sancapoptimist@comcast.net







Exp: Date	Card #	Card Digit code	Billing zip
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Route Sco	ore: + Bonus:	- Penalties:	Total:
	Preregistration Fee \$40.00.	Walk-in fee day of event \$45.00	

Includes: Car, Driver, Navigator, Unlimited Crew, and 1 Official Road Rally T-Shirt.
(Additional T-Shirts will be available for \$15.00)

Penalties:

- Five points deducted for each mile over or under computed mileage.
- Points may be deducted for each minute over or under adverage course time at the Commmittee's discretion.
- Entry disqualified for exceeding posted speed limit or for receiving a moving violation on the course.
- Entry may be disqualified if not at finish point within 2 1/2 hours.

 The Rally Master reserves the right to adjust the time equally for all contestants if conditions warrant.
- Afterglow party in The Sanibel Grill @ The Timbers Restaurant!





Registration from end of Parade to 12:00 Noon Monday, July 4th, in the parking lot at Timbers Restaurant 703 Tarpon Bay Road, Sanibel Island, Florida Conducted by: The Sanibel Captiva Optimist Club

The Sanibel – Captiva Optimist Club is a 501(C)3 Corporation and your donation is fully tax deductible. Please note that we are an all-volunteer, not-for-profit organization and all of the funds go directly to Helping The Kids

Auxiliary Pledges \$375,000 To Health Initiative



From left, Skip Leonard, chief foundation officer, Lee Health Foundation; Kathy Bridge-Liles, chief administrative officer, Golisano Children's Hospital; Jim Andrews, president, Lee Memorial Auxiliary; Bob Lotz, auxiliary vice-president, Golisano campus; and Joe Gammons, chair, Lee Health Foundation Board of Trustees photo provided

eaders from the Lee Memorial Auxiliary formalized their pledge nto support the pediatric behavioral health initiative at Golisano Children's Hospital of Southwest Florida during a check presentation ceremony at the May meeting of the Lee Health Foundation Board of Trustees. The pledge of \$375,000, unanimously approved by the auxiliary's board of directors, is earmarked to offset the cost of providing counseling services to young patients.

Golisano's pediatric behavioral health initiative will assist children with mental and behavioral health disorders and allow them to receive the proper diagnosis, treatment and access to community resources needed to live healthy, successful and productive lives. Although the program is still in its planning stage, leaders have identified tax-deductible giving opportunities to support staffing, counseling, therapy, care management and other needs.

This pledge is the latest in a string of Lee Memorial Auxiliary giving to

> To advertise in the Island Sun Call 395-1213



Lee Health that stretches back over 65 years. "The auxiliary has donated \$8.2 million to Lee Health since 1950 to fund technology, programs, education and projects for our patients and the community," said Jim Andrews, president of Lee Memorial Auxiliary. The organization played a key role in the recent Golisano Children's Hospital Capital Campaign by donating nearly \$600,000 toward that effort. The new children's hospital officially opened on May 10.

To learn more about the pediatric behavioral health initiative, visit LeeHealthFoundation.org/ NotOnMyWatch or call Lee Health Foundation at 343-6950.☆



Doug and Sherry Gentry

A Labor Of Love

submitted by FISH of SanCap

herry and Doug Gentry, island residents, submitted the following letter in support of FISH of SanCap:

"Douglas and I have always known about FISH, but never really understood about the many programs that this organization encompasses. We knew about the food pantry, and would donate any leftover food when we were leaving, going north for the summer. It wasn't until a friend of ours told us about the backpack program that we started to realize just how many lives are touched each day by FISH. To think so many children would not have enough to eat for the weekend without this bag of nonperishable food was just beyond our comprehension.

Not only young people, but also

photo provided

older members of our community have better lives because of FISH. It has always made us both very sad to think about elderly people living alone and trying to be independent and maybe not hearing another human voice during any given day. So it did our hearts good to learn that FISH has a list of these elderly people that receive a call every day just to chat and let them know that someone cares and is willing to provide help if they need it.

The first fundraiser we attended was when we both realized just how many programs come under the umbrella of FISH. How this organization provides so much assistance with such minimal administration costs is amazing. It is truly a labor of love – 'Neighbors Helping Neighbors.'

To learn more about the programs and services offered by FISH of SanCap, contact Maggi Feiner, president and CEO, at 472-4775.☼



Herniated Discs





by Ross Hauser, MD and Marion Hauser, MS, RD

bulging discs always cause pain? Well, actually no. Did you know that when you bend, it is a normal occurrence for a disc to bulge? You are also 1 percent shorter in the evening than in the morning, another normal state of the spine, as it compresses the disks between your vertebrae during the day. A person with a degenerated, bulging, or herniated disc that is discovered by an MRI should know that this may be a coincidental finding and unrelated to the actual pain he or she is experiencing.

A degenerated disc is one that is losing water and flattening. This is a usual phenomenon that occurs with age. Degeneration of a disc begins as soon as the vertebral ligaments become loose and cause spinal instability, allowing the

vertebral segments to move excessively and cause pain. The excessive movement or hypermobility of these segments adds strain to the vertebral discs. The body attempts to correct this by tensing the back muscles. Visits to a chiropractor or medical doctor typically begin at this time. Eventually these discs cannot sustain the added pressure and begin to flatten and/or herniate.

A herniated disc occurs when the annulus fibrosus, a ring of ligament tissue, no longer holds the gelatinous solution in the disc, resulting in a weakened disc. The vertebral ligaments must then work harder because the discs no longer cushion the back. A downward path of degeneration and pain is the end result. Anytime a diagnosis of a degenerative condition is given, the area needs regeneration. When it comes to degenerative discs, regenerative treatments such as prolotherapy and stem cell therapy are gaining in popularity. These are non-surgical, natural injection therapy options that strengthen vertebral ligaments and prevent the progressive degeneration that occurs with age to the intervertebral

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.

Mom And Me





by Lizzie and Pryce

izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I am tired of some older people constantly complaining about their knees, hips and their many illnesses.

They compare their lab findings and dwell on all their medicines and what they cost and where they bought them. Other seniors talk about giving away their possessions, books and collections even when they are in good health.

Some seem to enjoy being the center of attention when they talk about their complaints.

 \dot{W} hat happens to people when they reach their 70s?

Aubrey

Dear Aubrey,

People who complain about poor health may be experiencing bad health for the first time in their lives and they are having difficulty coping. Others may have had busy lives and now retired are bored and their medicines and ailments are the center of their concerns. Then, of course, there are always those people who are just plain chronic complainers.

Maybe you are one of those lucky people who enjoy good health. Be grateful for your good fortune, but please have a little compassion for those who are suffering.

Lizzie

Dear Aubrey,

What we select to talk about or focus on is personal choice. Why some people choose to talk about problems and concerns – I don't know, maybe part personality, part boredom or part attention-seeking.

Also, I do not think only individuals 70-plus focus on problems and concerns. The good news is you have a choice – choose to be positive.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.☆

Island Seniors At Center 4 Life

eet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Trash & Treasures Sale will return in November. The center is now accepting donations of clean, gently used items. All donations are tax deductible. You may bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3 p.m. No books, clothes, shoes, computers or TVs will be accepted.

Page Turners with Louise
Fitzgerald and Ann Hartman – If
you are not on the Page Turners list
and wish to be, email oceann@comcast.
net or contact the center. The featured
book for Wednesday, June 14 is *The*Stepford Wives by Ira Levin Forster.
Bring your lunch and watch the movie
at 12:30 p.m. then discuss the book
and the movie at 2:30 p.m.

Miami's Spanish Roots and Little Havana Guided South Beach Tour – Tuesday, June 6. Cost is \$79 for members and \$89 for non-members. Trip Includes round trip transportation, lunch at the famous Versailles Restaurant in Little Havana, riding and walking tour with a private guide to learn about Spanish culture in Miami including the Freedom Tower, the Miami Circle and "Domino" Park.

Bus departs from Fort Myers at 7 a.m. (transportation to Fort Myers location is on your own). Advance registration required.

Butterfly Estates Garden

Tour – Thursday, June 8. Cost is \$5 for members and \$6 for non-members. Trip includes a 30-minute guided tour through the butterfly gardens with a viewing of a release of native butterflies. The estates raises and releases hundreds of butterflies each week. The staff provides information, education and inspiration to get outside and plant butterfly gardens no matter where you reside. Lunch is on your own at the Gathering Place. Carpooling is available on a first come basis. Advance registration required.

The Mound House – Wednesday, June 21. Cost is \$15 for members and \$20 for non-members. Experience Old Florida at the Mound House where Estero Island's oldest standing structure sits on an ancient Calusa Indian mound. Through archaeology and history, 2,000 years of island life are revealed in a variety of tours and educational programs. Tours are usually an hour in length, but vary depending on visitor interests. Following the tour is lunch at Nervous Nellie's Crazy Waterfront Eatery. Carpool arrangements available on a first come basis. Advance registration required.

Friday Collage Classes with Bea Pappas – June 2, 9 and 30 from 12:30 to 3:30 p.m. Cost is \$15 for

members and \$25 for non-members. Pappas will be teaching an easy approach to collage, both figurative and abstract. Collage can be worked from torn magazines, found papers like book pages or handmade papers. Bring a pint of fluid matte premium, scissors, papers, magazines and substrates (watercolor paper, canvas, canvas board or mat board).

Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Register by noon; the game begins at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

Rummikub (New) – Tuesday at 1:30 p.m.

Hand & Foot – Thursday at 12:30 p.m.

Hearts – Friday at 12:30 p.m. Kayaking on Tuesdays and Thursdays – June 6 and 20 at 8:30 a.m. (weather permitting). There is space for 16 people on eight twoperson kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Fitness Classes

Members cost is \$4 per class, visitors

\$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises. Hand weights, stretch cords and body weight are used. Athletic footwear required. Connie DeCicco is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.

deaRPharmacist

Should Health Agencies Control Your Latte?

by Suzy Cohen, RPh

ear Readers:
It's so sad,
and it breaks
my heart that a
16-year-old boy died
from an arrhythmia
that occurred
from ingesting too
many caffeineated
stimulants.
According to the

news, the lethal combination included a large Mountain Dew, a latte from McDonald's and an energy drink, all within two hours. Just FYI, most energy shots contain guarana and ginseng or other stimulants. The tragedy has increased awareness for many families as well as regulatory agencies.

Should health agencies regulate the amount of caffeine put into coffee and energy drinks in the same manner that they do tobacco? They are even considering restrictions and a ban.

I don't want the establishment having any say-so about the amount of caffeine in my caramel macchiato or Red Bull. It's understood when I drink one of these or take a Vivarin, or whatever my choice is, that I'm going to feel a jolt. Last week, I tried pure Coffeeberry Fruit extract and consumed what amounted to at least 800 mg all at once. My head buzzed for a few hours, and I was nauseous but I am used to caffeine, so I knew I would be okay.

I think it's horrible that certain companies have marketing campaigns aimed directly at children. I also think the manufacturers of these beverages should take some blame, and they should stop increasing caffeine levels just to get a jump on their competitor and come up with their next marketing shtick.

And there is some personal accountability just as there is with alcohol. When you drink too much alcohol, there is a natural consequence of feeling sick and hungover. Perhaps the consequence is not so obvious with caffeine. One challenge that parents face is that cappuccinos, energy shots, Mountain Dew and others are all legal substances (and they should be) so abuse of them is uncomplicated due to

Volunteers Needed For July 4 Parade

The Sanibel-Captiva Independence Day Parade Committee is looking for volunteers to help out with a variety of tasks before, during and after the parade, which will be held on Tuesday, July 4.

For more information, contact Trish Phillips at 246-2981.

easy access.

How do you feel?

1. Is caffeine a strong and potentially dangerous stimulant or not?

2. Does caffeine impact certain people worse than others, like children or elderly, or those with vascular compromise (known or unknown)?

Would you like to share your opinion? Write me at www.suzycohen. com. I'd love to know you're thoughts.

I have a pharmacist's perspective so, for me, number one is "no" because pure caffeine doesn't even come close to prescription ADHD stimulants such as methylphenidate or the famous combo drug which consists of amphetamine and dextroamphetamine. Amphetamine is known on the street as "speed" or "whizz." These drugs are dispensed to children by the millions on a daily basis and suddenly a Monster's a problem?! Or a mocha latte? Do you truly get what I'm saying here?

The answer to number two is "yes," caffeine is metabolized more slowly by all the above groups and will raise blood pressure and cause arrhythmia's more frequently. Have open conversations with your kids about this, because their peers are encouraging abuse of these drinks in order to increase alertness and 'smartness' before exams. It's sad but

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

Got A Problem? Dr. Connie Is In



by Constance Clancy-Fisher

Q: My boyfriend is on a "spirituality" kick and I think he is using this to be irresponsible for his actions and judgements towards others and me. He seems to think and act as though he is superior because

he is so "evolved." He is not genuine with what he says and does, and I cannot depend on him. How can I talk with him about this?

A: Some individuals do use "spirituality" as a justification, projection and/or rationalization (unconscious defense mechanisms) for not taking responsibility for or examining their behavior.

It appears that your boyfriend is unreliable and not dependable and using his "spirituality" as an excuse. Yes, it is possible to twist certain spiritual mantras into justifications and allow spiritual practices to become an ego trap. Some people who think they are "spiritual" act more enlightened and evolved than others. If he talks about the "ego" a lot, this actually inhibits authentic spirituality because there is no cultivation of one's true essence or connection. Spiritual practice can be a great thing, however, it does have a shadow aspect. It's not just practicing

yoga or meditation, or wearing new age clothing then telling themselves this makes them "spiritual." Genuine spiritual inquiry, reflection, contemplation, experience and realization can be used for personal healing and growth.

Unfortunately, people have been known to use "spirituality" as a reason to feel superior to others. I don't know if your boyfriend is doing this, but if he is, he is using spiritual bypassing, which is a way of avoiding deep issues that need to be addressed. We all have been there, however, if it continues, it needs to be explored. When one becomes interested in spirituality, one of the quotes they are likely to encounter is: "Holding onto anger is like grasping a hot coal with the intent of harming another; you are the one who ends up getting burned." The point is, we should not hold on to anger. We should feel it, express it, if necessary, then let it go. Anger is not "unspiritual." It is a natural human emotion and perfectly justifiable in certain situations. It is important that spiritual people do not repress emotions and artificially heighten kindness, compassion and equanimity. This can lead to inauthenticity. If one struggles to constantly present oneself as calm, gentle and in a state of perpetual peace, this is not being true to oneself. Perhaps you could have this discussion with your boyfriend and encourage him to really explore spirituality with integrity and authenticity.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.



Meta G Roth, MS

Fitness Practitioner
Owner

Personal Trainer

Pilates

Strength Training TRX

Nutritional Counselor

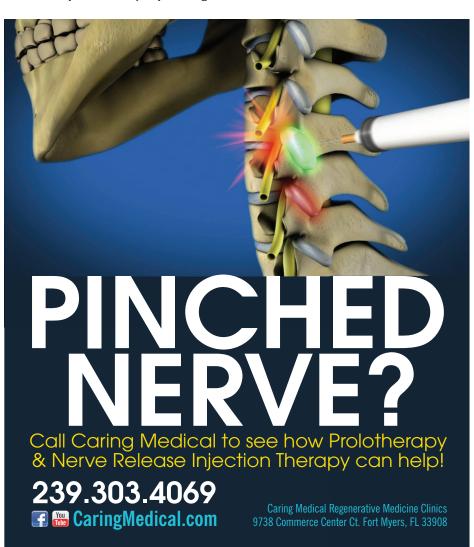
Yoga

Pilates Mat

239-410-1342

695 Tarpon Bay (The Promenade) Sanibel Island, FL 33957

sanibelfitnessbymeta@gmail.com sanibelfitnessbymeta.com





CALLING CARD 239-395-1213

Lee County Sheriff's Office	Sanibel Police	
On Call Captiva Deputy.		
Fire Department - Captiva		
Florida Marine Patrol		
Florida Highway Patrol		
Poison Control		
Chamber of Commerce		
City of Sanibel		
Administrative Office		
Building Department	Administrative Office	472-4135
Planning Department	Ruilding Donartment	472-3700 472-4555
Library - Captiva		
Library - Captiva	Library - Sanibel	472-2483
Post Office - Sanibel		
Post Office - Captiva		
Post Office - Captiva	Post Office - Sanibel (toll free)800-	275-8777
Center 4 Life - Senior Center	Post Office - Captiva	472-1674
ARTS Arcade Theater		
Arcade Theater		472-5743
Art League Of Fort Myers. 275-3970		
BIG ARTS - Barrier Island Group for the Arts		
Broadway Palm Dinner Theatre 278-4422 Fort Myers Symphonic Mastersingers. 288-2535 Gulf Coast Symphony. 472-6197 Lee County Alliance for the Arts 939-2787 Naples Philharmonic. 597-1111 The Herb Strauss Schoolhouse Theater 472-6862 Sanibel Music Festival 336-7999 Sanibel-Captiva Art League sancapart.com SW Florida Symphony 418-0996 CLUBS & ORGANIZATIONS ABWA- American Business Women's Assoc . http://abwasanibelcaptiva.org American Legion Post 123 472-9979 Angel Flight SE 1-877-4AN-ANGEL Audubon Society. 472-3744 CHR Community Housing & Resources 472-1189 Community Foundation of Sanibel-Captiva 274-5900 COTI Committee of the Islands coti@coti.org CROW - Clinic For The Rehabilitation of Wildlife 472-3644 Democratic Club of the Islands . Demclubislands@gmail.com FISH OF SANCAP Neighbors Helping Neighbors 472-4775 FISH. OF SANCAP Neighbors Helping Neighbors 472-4775 FISH. OF SANCAP Are service 472-0404 Sanibel Island Fishing Club 472-8994 Horticultural Society of the Islands . 472-6940 Horticultural and Tea Society of Sanibel and Captiva 472-8934 Kiwanis Club . 472-894 MOAA - Military Officers Assc. of America, Alex MacKenzie 395-9232 Newcomers . 472-9332 Notre Dame Club of Southwest Florida 768-0417 Optimist Club . 472-0836 PAWS . 472-6940 Sanibel Beautification Inc . 472-0836 PAWS . 472-4823 Rotary Club . 472-0836 PAWS . 472-4823 Rotary Club . 59-9232 Sanibel-Captiva Republican Caucus . 395-1202	ART League Of Fort Myers	2/5-39/0
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Rotary Club	Optimist Club	472-0836
Sanibel Bike Club		
Sanibel Beautification Inc		
Sanibel-Captiva Orchid Society		
Sanibel-Captiva Power Squadron	Sanibel Beautification Inc	470-2866
Sanibel-Captiva Republican Caucus		
Sanibel-Captiva Shell Club facebook.com/sancapshellclub 267-7291 Sanibel Youth Soccer		
Sanibel Youth Soccer		
United Way of Lee County	Sanibel Youth Soccer	395-2040
United Way 211 Helpline 24 hour		
Zonta Club	United Way 211 Helpline 24 hour	433-3900
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JN "Ding" Darling National Wildlife Refuge	ISLAND ATTRACTIONS	
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SCCF Sanibel-Captiva Conservation Foundation	JN "Ding" Darling National Wildlife Refuge	472-1100
To be listed in calling card email your information to:		
To be listed in calling card email your information to: press@islandsunnews.com		
press @ Islanusunnews.com	io be listed in calling card email your information	to:
	prosse islandsumews.com	

PETS OF THE WEEK

Lee County Domestic Animal Services

Gumbo And Joe





Gumbo ID# 699374

Joe ID# 678519

umbo is a 3-year-old male chihuahua who is a constant companion type of guy. If you are looking for an emotionally secure and low-maintenance relationship, he is all you need. If you let him sit at your feet and walk by your side, he will be your devoted companion forever!

Adoption Fee: \$75

Joe is a 1-year-old male domestic shorthair who is the whole package: smart, furry, four legs, loves to learn and lives to please! He is a lap cat that likes a little adventure on the side.

Adoption Fee: \$30

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off

Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.☆



Gidget



Davey Jones

Haven on Earth Animal League

Gidget And Davey Jones

i, my name is Gidget. I am a really sweet girl and only 8 months old. I'm very petite, and I have gorgeous medium-length hair. I like to play mother to other kitties. I'm up-to-date on all vaccinations and spayed. My adoption fee is \$75. I am currently residing at the Petco at Gulf Coast Town Center. Stop in and see me today.

Hi there. I'm Davey Jones. I am such a cute little boy. I have a short black and white coat, and just the cutest little face. I'm up-to-date on vaccinations and neutered. I have been living at the PetSmart on Six Mile Cypress Parkway, and I want to live in a real home so badly. My adoption fee is \$75. Come see me and take me home.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.☆

Misunderstood Breed Adoption Program

There's been a breed of dog which has taken turns being demonized in society, starting with the German Shepard in the 1970s.

The stereotyping of "bad" breeds continued in the 1980s with the Doberman, while the 1990s, the Rottweiler took its turn being negatively labeled as a dangerous dog.

For the last 15-plus years, though, the pitbull has had a stronghold on the "dangerous" breed label, and it has shown through overzealous laws in cities banning the breed completely, to breed restrictions in living facilities.

The negative stereotype by society has many undesirable cause-and-effects on these types of dogs in shelters, including Gulf Coast Humane Society GCHS), located 2010 Arcadia Street in



Dolly, the namesake of the program, was adopted by Jeff Levitetz photos provided

Fort Myers.

But with a new grant from the Levitetz Family Foundation's Dolly's Dream, there will be more incentives to adopt one of these breeds. The Dolly's Dream Program will also shed a

continued on page 54

PUZZLES

Answers on page 53

Super Crossword

PEOPLE OF THE PAST

ACROSS 1 Ousts 7 Fig. on a new

- car sticker 11 Isle of Minos
- 16 Pro music providers 19 Lost lady in
- "The Raven" 20 "That clarifies
- 21 Saabs, say
- 22 Use scissors 23 Enron scandal figure was
- inactive? 26 Suffix of fruit drinks
- 27 Pie (cold treat) 28 Sternward
- 29 Lucas of film 31 By way of.
- briefly 33 "Three's Company'
- actor started dozina? 38 See 82-Across
- 40 Money owed 41 Floral wreath
- 42 Pappies 43 Lyric writer
- Gershwin 44 Lyric work 47 Toe part
- 49 "Lulu' composer Bera

- 52 Watergate whistleblower had anxiety? 59 Island near
- Molokai 60 - for "apple" 61 Charles of **CBS News**
- 62 "CSI" actress Elisabeth
- members 69 Ending for pent- or hex-
- 70 Citi Field stat 71 Reds great met a tough challenge?
- 76 Santa (hot desert wind) 77 Unveil, in poetry
- 78 Swiss resort lake 79 Greek
- mountain 80 "Is there an echo -?
- 82 With 38-Across, they have film bloopers
- 83 "This —!" (fighting words) 86 Teen sleuth noted the
- subtle difference? 94 "Gladiator" actor Davis

- 95 Mrs. Addams, to Gomez
- 96 Bygone flight inits.
- 97 "Aquarius" network 98 Chilly 101 Hereditary
- helices 65 Solar system 103 Small needle case
 - 105 Have one's cake and eat 107 "The Ward"
 - actress hallucinated auditorily?
 - 113 Te- -(giggles) 114 Blueswoman Smith
 - 115 Fuzz figure 116 Machine for sowing
 - 118 Become old 119 "The Great Ziegfeld" figure caused
 - a road jam? 126 UNLV part 127 Valuable store
 - 128 River of Pisa 129 Not coastal 130 Pack carrier
 - 131 Targeted 132 In order 133 States of change

- DOWN 1 Bugling beast 48 Hate
- 2 Winning sign 3 Cochlea site 4 Relative of
- an attaché 5 Trying trip 6 Take effect
- 7 What to call an English nobleman 8 Retirees'
- fund ora. 9 Marina del -10 Like a smug know-it-all
- 11 OPEC, e.g. 12 Mai tai liquor 13 Sked guess 14 Pacific island
- nation 15 Actor Will 16 U.S. capital
- and environs 17 Deemed 18 Infuses 24 Wellness gp.
- 25 Awry 30 Horse-track has-been 31 Slim and fit
- 32 Greek Juno 34 Eatery card 35 Impose - on
- (forbid) 36 Pages (through)
- "— & Stitch" 39 Long couch 45 Room with a

39-Down

- 50 Horse to bust 51 All mixed up 53 Abstract
- artist Paul 54 Scrabble pick
- 55 Tight-fisted type 56 Karloff of film
- 57 Timber wolves 58 City near Minneapolis 62 Seville
- locale 63 Hair dye 64 Fan of the Jazz.
- usually 66 Attorney or heir follower
- 67 Nutty candy 68 Misc. abbr. 69 Nails the test
- 72 Actors Culkin and Calhoun
- think pieces 74 Handling the matter
- 75 Kind 81 Schools, to the French
- 82 "Hero" costar Davis 84 NYC-to-
- Seattle dir 85 Berry from Brazil 87 Bike, e.g.

- 88 Weight-loss strategy 89 Narrow strip of land:
- Abbr. 90 Feng 91 Russian
- news agency 92 Penetrating woodwind
- 93 Sarges, say 98 Jewish mystical
- tradition 99 Last letters 100 Dwell (on)
- 102 Like insteps and rainbows 104 Hip place
- 106 Winter bug 108 Gaucho rope 109 "The Dance"
- artist Matisse 110 Female
- goat 111 Fetch 73 Pages for 112 Sans -
 - (font style) 117 Pioneer Boone, to townsfolk
 - 120 de plume 121 Hail. to Ovid
 - **122** Rap's Dr. -
 - 123 A, in Italy 124 Opal ending
 - 125 LPs successors

King Crossword **ACROSS**

16

33

- Space
- Recipe meas.
- Lass
- Luster Я
- 10 Calcutta's land
- High, wispy cloud
- 13 Orphan Annie's benefactor
- 16 Really messy place Frogs' hang-
- outs 18 Whopper
- 19 Crooked
- 20 Witnessed Representative
- Dervish
- "Two and a Half Men® role
- 26 Oodles
- Cacophony 28 Colorado tribe
- 30 Chum 33 Spider's
- Certain winner
- 37 Assessed Tittles 38
- 39 home

- 40 Scepter 41 Scratch
- 1 Lightheartedly 12 Downhill
- Dry
- cousin place
- Iowa State's pest

8 Meager 9

Affleck

10

- DOWN
 - silly
- 14 Refuse to 3 Nursery item 15 D.C. fig. Bronze 19 Stiller or medalist's
- 20 Firmament Belgrade natives
- Rap sheet entry 22 Best Picture 6 Lima's land of 1982 Summertime
- 24 28-Down, to Centers Tokvo 25 Egos' count-Toss in

23

- erparts 26 Io and Ganymede, e.g. athlete
 - Japanese city 29 Homeric epic

31

- 30 Heavenly gate keeper Št. –
- Census stats 1960s hallucinoaen
- 34 Entrance 35 Dalai -23 Bambi, for one

UP ON THE MAGIC MAZE ROOF

SLJGSDAXVS P N KCAXVSLOOLJHECAY

THERVA N E)G E K

V T R P C N E N L J H F N D C

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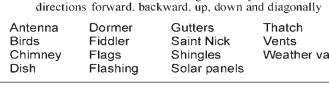
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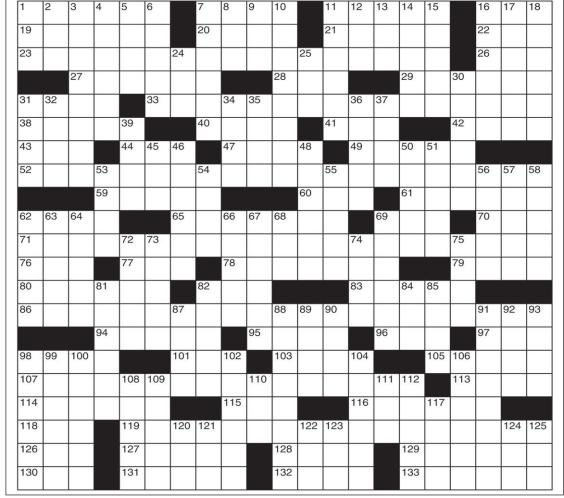
TUIMSTRTCQOAANN

FRIANNETNALLJ IODGFEDCAUYFFOA

DXSWVVTSELGNIHS Find the listed words in the diagram. They run in all

> Vents Weather vane





			-

SHES ()) wan 1	in. Bob Schr	

Like our new pitcher? We got him from the Elm Street Hawks for two fielders and a dozen

answer on page 53

	BLERS vithin each rectangle to form four ordinary words. Then ters to form the mystery word, which will complete the gag!
Believe	
KINTH	
Hide	
CROWE	
Alcove	
CHINE	
Features	
SALITED	
	TODAY'S WORD
	TODAY 3 WORD

7				2		1		
	8				3		9	
		5	7			4		3
		9			5	2		
	5			1			6	
3			2					5
	6		5					2
8		3			7		4	
	7			4		9		

SUDOKU

To play Sudoku:

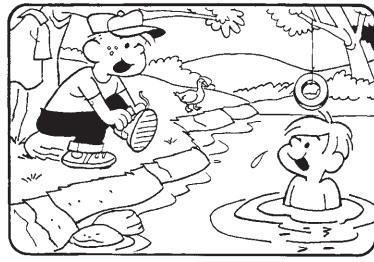
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 53

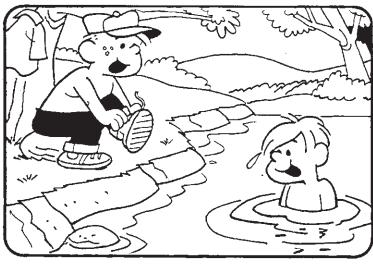
SCREENS

HOCUS-FOCUS

BY **HENRY BOLTINOFF**



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



is missing. 4. Duck is missing. 5. Swing is missing. 6. Head is titted. Differences: 1. Shirt on tree is smaller, 2. Undershirt is missing, 3. Rock

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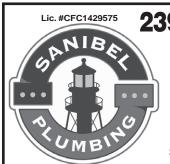


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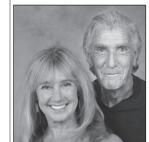
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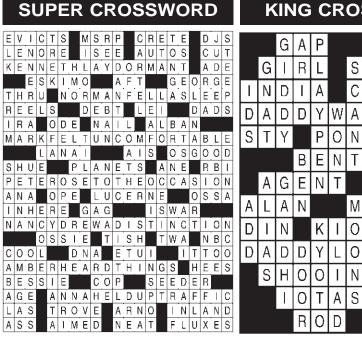
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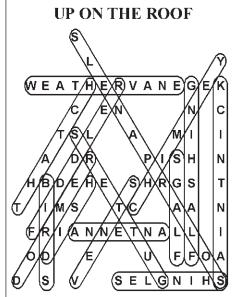
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SUDOKU

7	3	6	9	2	4	1	5	8
4	8	2	1	5	3	6	9	7
1	9	5	7	8	6	4	2	3
6	1	9	3	7	5	2	8	4
2	5	7	4	1	8	3	6	9
3	4	8	2	6	9	7	1	5
9	6	4	5	3	1	8	7	2
8	2	3	6	9	7	5	4	1
5	7	1	8	4	2	9	3	6

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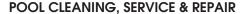
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Shore Fishing:



Don't Harm The Fish

by Capt. Matt Mitchell

anding a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.
- The less you can touch a fish before release the better for the fish.
- If you want a picture with the fish, support it as you lift it out of the water - and do it guickly.
- · Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.
- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

NEWSPAPER

Sanibel & Captiva Islands

From page 48 Adoption Program



Rocky is called GCHS's rockstar and is one of the dogs available to adopt

fresh, positive light on these misunderstood breeds through education to eliminate the ignorant stereotypes that are out there.

Each month through the Dolly's Dream Adoption Program, GCHS will be highlighting two bully breed type of dogs a month to help enhance their odds of being adopted. Those incentives include many benefits to the dogs' adopters, including a new leash and collar, training crate, food, a dog bed, toys and food, with treats.



Misha is another dog up for adoption

At the signing of the adoption papers, a surprise gift will be given to the adoptive parents - all thanks to the Dolly's Dream Program.

To inquire about the Levitetz Family Foundation Dolly's Dream Adoption Program, visit www. levitetzfamilyfoundation.org/dolly-s-dream.

Misha and Rocky can also be viewed at www.

My Stars ★★★★

FOR WEEK OF JUNE 5, 2017

ARIES (March 21 to April 19) A recent spate of confusion regarding decision-making begins to clear up. But caution is still advised. Continue to check details. An old friend has important news.

TAURUS (April 20 to May 20) You're anxious to see your ideas move from concept to development. But trying to force the issue right now could backfire. Wait for movement to resume shortly.

GEMINI (May 21 to June 20) Keep your thoughts focused on the positive as you deal with an unexpected turn of events in a personal or professional relationship. This could be the start of a welcome change

CANCER (June 21 to July 22) Health matters take on added importance at this time. Deal with them before they interfere with your summer plans. A relationship that cooled off could soon warm up again.

LEO (July 23 to August 22) While a few details involving upcoming decisions still need your attention, you fun-loving Felines can begin to spend more time enjoying your lively social life again.

VIRGO (August 23 to September 22) That long-soughtafter career change could require you to move to another

city. Weigh your decision carefully before either accepting or rejecting the offer out of hand.

LIBRA (September 23 to October 22) A workplace situation can be awkward for Librans who prefer to keep their problems private. But you might have to "tell-all" if you hope to see it resolved in your favor.

SCORPIO (October 23 to November 21) Although your financial situation starts to improve this week, you still need to be cautious about money matters. Avoid major obligations, for now.

SAGITTARIUS (November 22 to December 21) Your overall aspects continue to brighten, allowing you to tackle long-deferred challenges. A change in travel plans could work to your benefit.

CAPRICORN (December 22 to January 19) Things seem to be slowing down for the usually restless Sea Goat. But wouldn't a bit of respite be just what you need right now? Activity picks up by the weekend.

AQUARIUS (January 20 to February 18) Personal relationships take a positive turn for both married and single Aguarians. Professional commitments, however, could be complicated by newly emerging events.

PISCES (February 19 to March 20) A decision you thought was final might be reopened as new facts are discovered. This could lead to a short-term problem, but ultimately might prove beneficial.

HORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Barefoot Beach	Bonita Springs	2003	5,650	\$4,385,000	\$4,000,000	40
Palmetto Point	Fort Myers	2007	7,403	\$3,995,000	\$3,358,000	202
Del Sega	Sanibel	1991	4,164	\$1,899,000	\$1,810,000	340
Valencia Terrace	Fort Myers	1956	2,894	\$1,219,000	\$1,100,000	51
Shell Harbor	Sanibel	1970	2,048	\$979,000	\$950,000	63
Palm Acres	Fort Myers	1972	2,100	\$949,900	\$890,000	23
Dunes At Sanibel Island	Sanibel	1980	2,741	\$849,900	\$700,000	52
Cape Coral	Cape Coral	1973	1,895	\$734,000	\$734,000	96
Whiskey Creek Club Estates	Fort Myers	1982	4,079	\$725,000	\$700,000	143
Catalpa Cove	Fort Myers	2002	2,248	\$699,000	\$650,000	4



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